



At Sligo Volunteer Centre, community organisations that involves or need volunteers can avail of our service where we promote & advertise your volunteer vacancy, through our database website, Facebook, and Twitter pages, countywide posters and monthly email updates. Get quality training about finding, keeping & managing volunteers, get on-going information, advice & support on working with your volunteers. Get help in putting your volunteer roles, policies & procedures in place. Get support to develop a Volunteer Coordinator role within your organisation. Get a Garda Vetting Service– for organisations who do not have access to their own Authorised Signatory. **IF YOU WANT TO VOLUNTEER YOU CAN FIND OUT ABOUT THE MANY WAYS TO VOLUNTEER IN SLIGO TOWN AND COUNTY. YOU CAN CONTACT THE CENTRE AT Phone: 071-9111042 / Email: info@volunteersligo.ie .**

**Elphin Diocesan Parish Development & Renewal Gathering**  
taking place in Boyle on Sat. Oct. 18th. All parishes encouraged to have representation. For more details see [www.elphindiocese.ie/gathering](http://www.elphindiocese.ie/gathering) .

**6th Annual Novena of Hope in honour of St. Therese of Lisieux**  
in St. Therese's Church, Ballintogher  
**25th September to 1st October, at 7.30 pm every night.**

Thurs: Frances Black, Singer & Addiction Counsellor    Fri: Raymond O'Connor, Pionr Asso  
Sat: E & F Walsh, Parents of late Donal Walsh            Sun: Sean & Anne Mulrine, P. Pio  
Mon: Fr. Michael Cusack, Redemptorist Priest            Tues: David Quinn, Iona Institute  
Wed: Joan Freeman, Founder of Pieta House.            More details on Facebook!

**Lough Derg Living With Suicide Day Retreat on Sept. 24th.**  
A day for adults who have been affected by suicide, either through personal loss or suicidal ideation, and for those ministering to the suicide bereaved or working in support services. Advance booking essential. Contact Maureen or Sharon 071 9861518. E-mail: [info@loughderg.org](mailto:info@loughderg.org)

**The Back to Education Initiative (BTEI) for Adults**  
will soon commence in the Adult Education Centre, Ballyshannon.  
It will run part-time & is free of charge to medical card holders, social welfare recipients & those with less than second level education. Call: 07198 51276.



**Sligo Lend a Hand**  
Do you need help with a small job or minor repair in your home ?Maybe, weeding in the garden, cutting a hedge, change a light bulb, replace batteries in your smoke alarm, hang curtains, install a lock or a door chain, replace plugs and chains to sinks and baths, ironing and small household tasks, securing floor boards or carpets, move furniture etc. or maybe you need help with filling out a form. Sligo Lend a Hand has volunteers in Grange and the surrounding areas. This service is offered free to elderly and vulnerable people and No job is too small. All appointments will be booked in advance and volunteers will carry identification. To avail of this service please call 087 177 6386 weekdays between 11am – 3pm. Local area co-ordinator is Heather McDonnell

*Parish of Ahamlish and Inishmurray*  
**Grange ♦ Cliffoney ♦ Mullaghmore**

Rev. Christy McHugh:

Tel: 071 9163100

Email: [ahamlishparish@gmail.com](mailto:ahamlishparish@gmail.com)

Web address: [www.ahamlish.com](http://www.ahamlish.com)

*Issue 38, Saturday, 20<sup>th</sup> Sep 2014*



*'These men who were hired last worked only one hour,' they said, 'and you have made them equal to us who have borne the burden of the work and the heat of the day.'*  
Matthew 20:12

***Celebration of the Eucharist***

**ST. MOLAISE, CLIFFONEY**  
*Wednesday, 7-8 pm: Adoration of the Blessed Sacrament*  
*Sunday: 10.30 am*

**CHURCH OF MARY IMMACULATE, GRANGE**  
*Saturday: 8 pm*  
*Sunday: 12 noon*

**OUR LADY STAR OF THE SEA ORATORY, MULLAGHMORE**  
*Saturday: 6.30 pm*

MINISTRY ROTAS, <u>CLIFFONEY</u>		
Sun, 7 <sup>th</sup> Sep	MINISTERS OF HOLY COMMUNION	MINISTERS OF THE WORD
Sun, 21 <sup>st</sup> Sep	Patricia Hickey, Kathleen Molloy	Anne O'Dare, Mary Doyle
Sun, 28 <sup>th</sup> Sep	Ali Conway, Frank KIELTY	Pauline McGuire, Ann McGloin
<b>Altar Society</b>	<b>SEPT:</b> Patricia Hickey and Mary Gallagher	
MASS INTENTIONS in CLIFFONEY & MULLAGHMORE		
Sat, 20 <sup>th</sup> Sep	6.30 pm	Mullaghmore:
Sun, 21 <sup>st</sup> Sep	10.30 am	Cliffoney: Mary Gillespie
Sat, 27 <sup>th</sup> Sep	6.30 pm	Mullaghmore:
Sun, 28 <sup>th</sup> Sep	10.30 am	Cliffoney: Anne Quinn, 41 <sup>st</sup> anniv; Mary McLean, 1 <sup>st</sup> anniv
<b>CLIFFONEY OFFERINGS: Sunday: €925</b>		



### YOGA ANYONE??

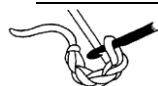
Interested in Hatha Yoga Classes?. For Men and women. 6 week course at GAA Club House, Grange starting Wednesday, 24<sup>th</sup> September; 7 to 8.15pm. For Beginners & Improvers. Registration: Wed, 17<sup>th</sup> September at 7.00pm. Cost €60 for 6 classes (discounts for Students/Unemployed).

For further details please contact Fiona on 087-6117452 or [shaktisurfer@gmail.com](mailto:shaktisurfer@gmail.com)

### Classes at The Benwiskin Centre, Ballinrillick, Co. Sligo

**Contact: 071 9176721**

Computer classes (Farmers/Beginners/Improvers/ECDL); Digital Photography; Creative Writing; Crafts/adults with special needs; Crafts/Children; Yoga; Indoor Circuit Training.



### Grange Crochet Workers Group

starting Crochet Classes in the Crafters Basket Thrsday, 25<sup>th</sup> Sept from 8-10 pm. Beginners welcome. €40 for 8 weeks.

### Guided walk to top of Benbulbin

on **Sunday, 28<sup>th</sup> September** in aid of

St. Moliase Gaels GAA Club Pitch Development.

To register text your names and contact details to 087 93856694.contact

### Yoga classes

will recommence in Star of the Sea on **Wednesday 24<sup>th</sup> September** at 7pm. Everyone welcome. For further information please contact Helen on 0771 472 0789.

**AWARE** - an anxiety, stress, depression support group meets in the Markievicz House, Barrack St., Sligo, every Wednesday at 8pm. It is a free, confidential service, no referral necessary. For further information please visit [www.aware.ie](http://www.aware.ie)

**Happy Birthday Liz at 106 years. Comhghairdeas**

MASSES, GRANGE		
Sat, 20 <sup>th</sup> Sep	8 pm	Mary Brennan, Derry, 3 <sup>rd</sup> anniversary
Sun, 21 <sup>st</sup> Sep	12 noon	Feast of St. Matthew
Sat, 27 <sup>th</sup> Sep	8 pm	Denny Harran, 11 <sup>th</sup> anniversary
Sun, 28 <sup>th</sup> Sep	12 noon	Leo Kilfeather, 9 <sup>th</sup> anniv; Paddy McGowan, 1 <sup>st</sup> anniv; Larry & Winnie Leyden, Kiltykere.
SEPT	SATURDAY	SUNDAY
<b>OFFERTORY COLLECTORS</b>	Seamus Feeney, Newgrange; John Herron, Mount Edward; Phillip Lang, Streedagh	Michael Feighney, Streedagh; Cormac Feeney, Kiltykere Sean Taheny, Pine Grove
<b>ALTAR SOCIETY</b>	Mary Gilroy, Tina Gilmartin, Roslyn Brennan, Catherine Feeney	
<b>GRANGE OFFERINGS: Sunday: €1,495 Renovation: €150 Diocesan Needs: €48</b>		

### Celtic Fringe Festival – TODAY

- 2-6 pm:** **Family Fun Day** in Grange Playground/Park & Monster Marquee. Gourmet Food Stalls, Children's Sporting Events, Bouncy Castles, Drumming Workshops, Seafood Delights, Armade Straw Galleon, Puppets, Face Painting, Duck Races, Straw oys, Kids Disco & much more...
- 8-10 pm:** **Festival Club** in Lang's Bar & Restaurant. Free. The best of traditional music

**Sacrament of Confirmation, 2015** takes place in Grange Church

on **Friday, 15<sup>th</sup> May at 11 am**

### **Sligo Public Participation Network (PPN)**

You may have heard that a new structure for community & voluntary groups is being set up in County Sligo – the Sligo Public Participation Network (PPN). The PPN is being established in accordance with the Reform of Local Government Act 2014. It will enable the public to take an active formal role in policy making & oversight committees of the Sligo County Council & other local policy making structures. This will eventually replace the Community Forum. It is very important that all community & voluntary groups are registered on this new structure. To find out more about it, Sligo County Council in association with Sligo County Community Forum are holding information sessions around the county, starting next week.

Everyone is welcome to attend. More information is also available on website [www.sligoppn.com](http://www.sligoppn.com) - you can also register your group online here. We look forward to seeing you at the Grange information session on **Tuesday, 23<sup>rd</sup> Sept in Grange Hall at 7 pm**. It is important that we have a large representation at this meeting as it is the only one taking place in North Sligo. Future funding for services, infrastructure etc in the area will be discussed. Please share with anyone whom you think may be interested.