Do you need somebody to do a small job in your home?

Maybe change a light bulb, replace batteries in your smoke alarm, hang curtains, install a lock or a door chain, replace plugs & chains to sinks & baths, ironing & small household tasks, securing floor boards or carpets, move furniture etc. or maybe you need help with filling out a form. Sligo Lend a Hand has volunteers in Grange & surrounding areas. This service is offered free to elderly & vulnerable people & no job is too small. All appointments will be booked in advance & volunteers will carry identification. To avail of this service please call 087 177 6386 weekdays between 11am – 3pm. Local area co-ordinator is Heather McDonnell

Star of the Sea Retreat Centre, Mullaghmore.

Schedule of events: http://staroftheseacentre.com/ pdf/5 Calendar.pdf.

Centering Prayer: every 2nd Saturday of the month at 5.45 pm & every last

Saturday of the month at 10 am. Introduction for Beginners starts 20 minutes earlier. Next session, Saturday, 8th November at 5.45 pm (introduction 5.25 pm)

Pioneer Association

November is the month of the Holy Souls. Many people choose to abstain from alcohol for the month of November and offer this prayerful act in honour of their deceased loved ones. You can do likewise! <u>Take the SHORT-TERM pledge for NOVEMBER</u>. Contact (353) 1 8749464 or <u>www.pioneerassociation.ie</u>. (A small fee applies for certificate and emblem pin).

Knock Counselling Centre: BODY-MIND MEDITATION Workshop
with Fr. Louis Hughes; Saturday, 29th Nov; 10.30am to 5.00pm. Body Mind
Meditation is an approach to meditation & prayer that uses body and breath
awareness, thinking, feeling, sound & visualisation. This leads to stillness of body &
mind, with greater openness to intimacy with God. €50 per person. Contact 094
9375032 or email counsellingteam@knockshrine.ie

Forget-Me-Knot Christmas.

A Christmas flower arranging & craft demonstration will take place on Wednesday, 19th November at 8 pm, in Sligo Park Hotel. It is in aid of the Irish Kidney Association, Transplant Team Ireland & the "Circle of Life" Garden, Salthill, Galway. The demonstrator, Bridie Nicholson, a double transplant recipient, promises a display of all things festive, including door wreaths, Christmas logs, table centrepieces and lots more. Entry is €10. All items demonstrated & on display will be raffled at the end of the night.

Marriage Preparation Course

Accord Sligo provide Counselling & Pre-Marriage courses. Pre-Marriage course should be booked at least 6 months in advance. Contact 071-9145641.

Weekly Social Dance, Lakeside Centre Ballyshannon. Every Wednesday, 2pm. Live Music, All Welcome

Parish of Ahamlish and Inishmurray Grange & Cliffoney & Mullaghmore

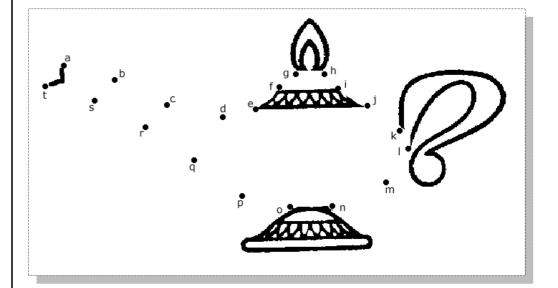
Rev. Christy McHugh:

Tel: 071 9163100

Email: ahamlishparish@gmail.com

Issue 45, Saturday, 8th Nov 2014

Web address: www.ahamlish.com





Celebration of the Eucharist

ST. MOLAISE, CLIFFONEY

Wednesday, 7-8 pm: Adoration of the Blessed Sacrament Sunday: 10.30 am

CHURCH OF MARY IMMACULATE, GRANGE

Saturday: 8 pm Sunday: 12 noon

OUR LADY STAR OF THE SEA ORATORY, MULLAGHMORE

Saturday: 6.30 pm





MINISTRY ROTAS, <u>CLIFFONEY</u>					
Sun, 7 th Sep	MINISTERS OF HOLY COMMUNION		MINISTERS OF THE WORD		
Sun, 9 th Nov	Anne O'Dare, Mary Doyle		Pauline McGuire, Anne McGloin		
Sun, 16 th Nov	Ali Conway, Frank Kielty		Mary McGowan		
Altar Society	NOVEMBER: Josie Lawlor, Mary Brennan				
MASS INTENTIONS in CLIFFONEY & MULLAGHMORE					
Sat , 8 th Nov	6.30 pm	Mullaghmore: Private Intention			
Sun, 9 th Nov	10.30 am	Cliffoney: Mich	nael Christie, 19 th anniv		
Sat. 15 th Nov	6.30 pm	Mullaghmore: All Souls			
Sun, 16 th Nov	10.30 am	Cliffoney: Mary Gallagher			
CLIEFONEY OFFEDINGS. Sunday, Grand					

CLIFFONEY OFFERINGS: Sunday: €1,297

North Sligo Walking Group For a full list of scheduled walks please see the Sligo Sport & Recreation website or contact the Benwiskin centre @ 0719176721.

<u>Pre-Christmas Craft Fair</u> at the Radisson Hotel, Rosses Point, Sligo on <u>Sunday 9th November from 11am - 5pm.</u>

There will be an array of wonderful crafts and stalls there on the day along with face painting and a visit from the special man himself, Santa Claus. Free Admission but donations if desired on the day to Sligo Cancer Support Centre, Wine Street, Sligo.

North Sligo Agricultural Show 25 Card Game

Every Tuesday at 9 pm sharp in Langs. Please come along & support.



The <u>Alzheimer Society's Annual Church Gate Collection</u>
will take place on 15th & 16th November.
All monies collected locally will be used locally.

A <u>Prayer Service in Remembrance of all Deceased Children</u> will be held in The Outpatiend Department (Level 3), Sligo Regional Hospital on <u>Wednesday</u>, 12th November at 7.30 pm.

Further enquiries to Paediatrics or Neonatal Unit, SGH - 071 9174634/0174452

Station Mass

, Aughagad Station: **Denis & Margaret Haran on <u>Friday, 14th Nov; 8 pm</u>**Grange & Chapel Road: Thursday, 20th November at 8 pm
Derrylehan/Lyle/Carnamaddow/Gortaderry: Padriag & Bernie Finnegan on 28th
November

Anyone wishing to host a Station Mass for your area contact Fr. Christy.

Public Prayers for the Faithful Departed

in Ahamlish Cemetery on Sunday, 16th November at 1 pm.

		MASSES, GRANG	Ε	
Sat, 8 th Nov	8 pm	Rosie Mullarkey, Derry, 1 st anniv		
Sun, 9 th Nov	12 noon	John Lockhart, 16 th anniv		
Fri, 14 th Nov	7 pm	Danny O'Connor, 11 th anniversary		
	8 pm	Aughagad Station: Denis & Margaret Haran		
Sat. 15 th Nov	8 pm	Nana Kilfeather, 5 th anniversary		
	12 noon	Gerry & Nancy C	Gilmartin, Ardnaglas	
Sun , 16 th Nov		John Bruen, Streedagh, 23 rd anniversary		
	1 pm	Prayers in Ahamlish Cemetery		
NOVEMBER	SATURDAY		SUNDAY	
	Pat Wymbs, Moneygold;		Michael Feighney, Streedagh;	
OFFERTORY	Joe Currid, Ballyscannel;		Michael Gillen, Aughagad;	
COLLECTORS	Sean Feeney, Carns;		Francis Brennan, Newtownward;	
			Martin McLean, Aughagad	
ALTAR SOCIETY	Anne McLean, Helen McLean			
GRANGE OFFERINGS: Sunday: €1,805 Restoration: €379				

PLEASE REMEMBER IN YOUR PRAYERS



<u>David Gilmartin</u> (41 yrs), Streedagh. RIP 2nd November. Our sincerest sympathy to his parents Jim Joe & Tina, twin sister Tina; brothers Michael, Austin & Tom & family.

The **Rooney family**, Grange would like to thank everyone who supported their recent coffee morning in aid of **North West Hospice**.

A meeting of the <u>Pioneer Council</u> will take place on <u>Thursday, 13th November at 8.30 pm</u> in the Family Room, Grange Church.

Mass in Remembrance of all the Deceased - Nov 2013- present will be held in

St. Molaise Church, Cliffoney on <u>Sunday, 23rd November at 10.30 am</u>
Church of Mary Immaculate, Grange <u>on Saturday, 29th November at 8 pm</u>.
Anyone who would like to have a loved one remembered at these Masses, please let Fr. Christy know asap.

Meeting of the <u>Parents Association of Scoil Naomh Molaise</u> on <u>Monday, 10th November at 8pm</u> in the school.

Sacrament of Holy Communion, 2015

<u>Scoil Naomh Molaise:</u> Grange Church on <u>Saturday, 9th May</u> <u>Cliffoney NS:</u> Cliffoney Church on <u>Sunday, 17th May</u> at 10.30 am

Sacrament of Confirmation, 2015

takes place in Grange Church on Friday, 15th May at 11 am