#### Rory Gallagher - Wish To Walk Appeal Upcoming Fundraisers

- 1. <u>Cake Sale</u> after Mass on <u>Sunday, 25th January, 12.30 in Grange</u>. All cakes will be very much appreciated & can be dropped into the hall before Mass.
- 2. <u>A Party for Rory</u> in Five Star Fun on <u>Friday, 30<sup>th</sup> January; 6-8 pm</u>. €5 per person. All proceeds to Rory
- 3. <u>REFASHION FOR RORY</u> in Hullabaloo on <u>Sunday</u>, <u>1st February</u> at Hullabaloo to create your own accessories & refashion your garments. All proceeds go to Rory Gallagher's Wish To Walk. Come get creative!
- 4. <u>Streedagh Swim</u> on <u>Sunday, 15th February at 1pm</u>. Sponsorship cards available. Contact (086) 8616981. All donations accepted on the day. Everyone welcome.

We would like to take this opportunity to say a huge thank you to the whole community, for the overwhelming support to date.



## St Molaise Gaels (Maugherow - Grange- Cliffoney)

Registration Night

<u>Tuesday, 3<sup>rd</sup> February:</u> 7.30 – 10 pm for new & existing members Molaise Gaels Coffee Shop will have its launch on the night with all proceeds from the launch going to Rory Gallagher's Wish to Walk fund.





Yoga with Ruth: Monday at 7.30 pm
Pilates with Amanda: Thursday at 8 pm.
Yoga with Fiona: Wednesday at 7 pm,

6 weeks starting 21st January

## **Grange and District Community Alert**

Grange and District Community Alert, supported by HSE funding are hosting "Unity in the Community", a sharing of experience and information to enhance future living in our community. Wednesday 4<sup>th</sup> February at 7pm in Scoil Naomh Molaise, Grange. More details to follow next week.

#### Sligo Lend a Hand

Do you need somebody to do a small job in your home? Maybe, change a light bulb, replace batteries in your smoke alarm, hang curtains, install a lock or a door chain, help with filling out a form, ironing and small

household tasks, securing floor boards or carpets, move furniture etc.. Sligo Lend a Hand is available in the Grange and surrounding areas. It is a free minor repair service in the homes of elderly and vulnerable people. No job is too small and the service uses a pool of fully vetted and trained volunteers who operate in pairs to carry out the work. All appointments will be booked in advance and volunteers will carry identification. To avail of this service please call 087 177 6386 weekdays between 11am – 3pm. Local area co-ordinator is Heather McDonnell.

# Parish of Ahamlish and Inishmurray Grange & Cliffoney & Mullaghmore

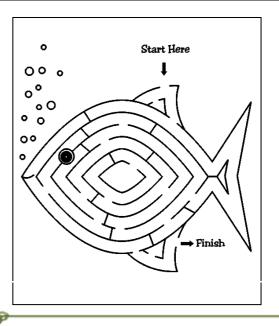
Rev. Christy McHugh:

Tel: 071 9163100

Email: ahamlishparish@gmail.com

Web address: <a href="https://www.ahamlish.com">www.ahamlish.com</a>

Issue 4, Saturday, 24thIan 2015.



# Celebration of the Eucharist

#### ST. MOLAISE, CLIFFONEY

Wednesday, 7-8 pm: Adoration of the Blessed Sacrament Sunday: 10.30 am

#### CHURCH OF MARY IMMACULATE, GRANGE

Saturday: 8 pm Sunday: 12 noon

## OUR LADY STAR OF THE SEA ORATORY, MULLAGHMORE

Saturday: 6.30 pm





MINISTRY ROTAS, <u>CLIFFONEY</u>					
	MINISTERS OF	HOLY COMMUNION	MINISTERS OF THE WORD		
Sun 25 <sup>th</sup> Jan	Mary Mc Gowan , Anne Roper		Patricia Hickey , Kathleen Molloy		
Sun 1 <sup>st</sup> Feb	Anne Gallagher, Grainne Mc Gowan		Pauline Mc Guire Anne Mc Gloin		
Altar Society	January: Goretti Horgan, Berna McHugh, Marion O'Connor				
MASS INTENTIONS in CLIFFONEY & MULLAGHMORE					
Sat, 24 <sup>th</sup> Jan	6.30 pm	Mullaghmore:			
Sun, 25 <sup>th</sup> Jan	10.30am	Cliffoney:			
Sat, 31 <sup>st</sup> Jan	6.30 pm	Mullaghmore:			
Sun 1 <sup>st</sup> Feb	10.30am	Cliffoney: Pakie & Ka	thleen Harrison		
CLIFFONEY OFFERINGS: Sunday: €723					



## North Sligo Sports Complex

**Ladies Indoor soccer:** If you are interested in joining call in to the sports complex and leave your name and contact details with Gerry Keegan or alternatively contact 071 9163555 after 6.30pm (Mon-Fridav)

Badminton: Adult badminton on Wednesdays from 8-10pm. All levels welcome. All equipment provided. Free for members, €5 per night for non-members. No commitment necessary just come along and play whenever you can!

### St. Michael's Family Life Centre

St. Michael's Family Life Centre, Church Hill, Sligo. Spring/Summer Brochure now available. Lots of interesting courses, morning, evening and Saturdays. Contact 071-9170329. Email: stmichaelsfamilylifecentre@eircom.net. Enrolment ongoing.



## **Grange Post Primary: Variety Show**

Grange Post Primary will host a fund raising "Variety Show" on **Thursday**, 5<sup>th</sup> **February** in the Sports Complex. Tickets available from school or at the door. Doors will open at 7.30pm.

## The Benwiskin Centre

**Spring Classes:** children's craft classes, adult art, yoga, digital photography, baskets, computers, introduction to ipad's / tablets etc. Introduce a friend to our P&T group and you attend free for 4 weeks.

Social dancing classes: (jive/waltz/foxtrot) – Qualified Dance Instructor – Thursdays 7.30pm – 9pm. Minimum numbers needed for class to proceed so Please call-071 9176721.

## Lakeside Centre Ballyshannon

Wednesday Afternoon Social Dancing will recommence on Wednesday 21<sup>st</sup> January at 2pm in the Lakeside.

		MASSES, GRANG	E		
Sat <b>,</b> 24 <sup>th</sup> Jan	8pm				
Sun <b>,</b> 25 <sup>th</sup> Jan	12 noon				
Sat 31 <sup>st</sup> Jan	8 pm	Michael Regan, 54 <sup>th</sup> anniversary			
Sun 1 <sup>st</sup> Feb	12 noon				
JANUARY	SATURDAY		SUNDAY		
	Seamus Feeney,		Michael Feighney, Streedagh;		
OFFERTORY	Newgrange;		Cormac Feeney, Kiltykere		
COLLECTORS	John Herron, Mount Edward;				
	Philip Lang, Streedagh				
ALTAR SOCIETY <u>JANUARY</u>	Christina McGarry, Sheila Wymbs, Kay McGowan, June Woulfe				
GRANGE OFFERINGS: Sunday: €					

## **Marriage Preparation Course**

Accord Sligo provide Counselling & Pre-Marriage courses. Pre-Marriage course should be booked at least 6 months in advance. Contact 071-9145641.

# Rainbow Rhythm



Presents: Robin & the Sherwood Hoodies. A tale of tights, fights & footlights.

Saturday, 7th February at 8 pm & Sunday, 8th February at 5 pm. All proceeds to Childline.

## The Gospel for Children: Mark 1:14-20: There is no 'I' in Team.

In today's Gospel we read about Jesus and the beginning of his ministry. This means the beginning of his preaching here on earth. This amounted to three years in total and the arrest of John signals that it is time to begin the huge task of leaving his family and going on the road telling people about the love of God. Jesus decided that he wanted to be in community at all times. This means that even though Jesus could complete all of his work alone and would eventually have to go to his own death alone, he wanted to have his group of friends with

him as he preached the Good News. So he began choosing his 12 apostles straight away. He approached some good men who were fishing and knew that

they were the first on his team. This is why we must try to live with and for others. We often hear the saying, there is no 'l' in team, well Jesus was the first person who showed us that! He loved being with his team and worked hard for and with them. Jesus showed us how to care for others and how to show love on an everyday basis. This week think about how can you show love at home on an everyday basis?

THERE IS NO "I" IN **TEAM**