

### Foróige Club in Cliffoney

Do you want to help the youth of your community develop, have fun, make friends in a safe environment and be the best they can be? Then why not volunteer with Foróige today. Foróige is the largest voluntary youth organisation in Ireland reaching 54,000 young people across Ireland. Why not set up a Foróige Club in your area today!! For more information call Cillian Foody Regional Youth Officer Sligo on 086-0227986 or [cillian.foody@foroige.ie](mailto:cillian.foody@foroige.ie)

### GROW Mental Health Awareness Programme



GROW in Ireland, are presenting a four week mental health education programme in the Clarion Hotel, Sligo commencing on **Tuesday, 17th February @8pm** for four consecutive Tuesdays. Topics include; Positive Mental Health, Addiction & its effects on families, Loss and Bereavement, and the recovery approach to mental health. For further information and booking please call Noeleen 086-851-6939.

### Marriage, Family and Society

Bishop Kevin Doran will give a talk on **Tuesday, 17th February at 8pm** in **Sligo Park Hotel** on the topic of **Marriage, Family and Society**. This topic is of great importance in our country at this time and our Bishop has been a strong advocate for the protection of marriage. Everyone welcome to attend.

### Invitation from the Bishop

You are invited to a discussion in Summerhill College Library, Sligo on **Wednesday, 25<sup>th</sup> Feb: 7.30 -8.45 pm** to consider the pastoral challenges facing marriage and the family (as discussed at the general synod of bishops last October in Rome and again in October 2015).

The document that this discussion is based on is available at [www.eliphdiocesoses.ie/synod](http://www.eliphdiocesoses.ie/synod). Response to this consultation, either individual or collective, should be with the Diocesan Office before the end of March in order to ensure inclusion in the material being sent to Rome, by the Irish Catholic Bishops Conference ([office@elphindiocesoses.ie](mailto:office@elphindiocesoses.ie))



### Fundraising Barn Dance

Your dancing can transform the lives of many poverty stricken people in Ethiopia, so please join us at our Annual Fundraising Barn Dance on **Friday, 20th February** in Grange Hall. Music by Country Traditions. Dancing 9pm – 12. Admission €8 including supper. All proceeds raised will be forwarded to Mr. Fintan Shannon & his team of volunteers who will be working in Ethiopia in March. A great night's dancing guaranteed. Your support would be greatly appreciated

### Vocations Discernment Workshop

**27<sup>th</sup> – 28<sup>th</sup> February** in Star of the Sea Retreat Centre, Mullaghmore Contact Fr. Jim Murray, (071) 9162136 or Fr. John Coughlan (071) 9662012 or [vocations@elphindiocese.ie](mailto:vocations@elphindiocese.ie)

## Parish of Ahamlish and Inishmurray Grange ♦ Cliffoney ♦ Mullaghmore

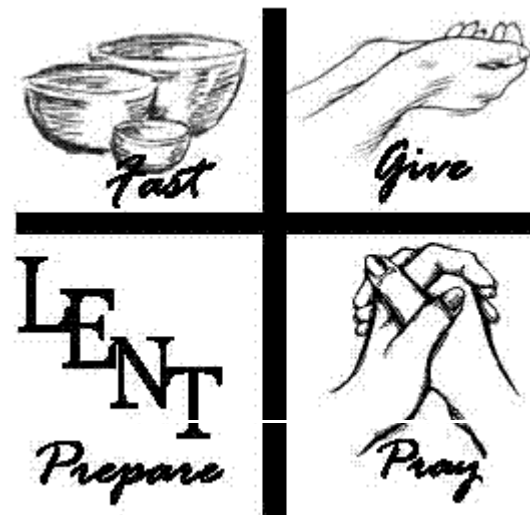
Rev. Christy McHugh:

Tel: 071 9163100

Email: [ahamlishparish@gmail.com](mailto:ahamlishparish@gmail.com)

Web address: [www.ahamlish.com](http://www.ahamlish.com)

Issue 6, Saturday, 7<sup>th</sup> Feb 2015.



### *Celebration of the Eucharist*

#### **ST. MOLAISE, CLIFFONEY**

*Wednesday, 7-8 pm: Adoration of the Blessed Sacrament*

*Sunday: 10.30 am*

#### **CHURCH OF MARY IMMACULATE, GRANGE**

*Saturday: 8 pm*

*Sunday: 12 noon*

#### **OUR LADY STAR OF THE SEA ORATORY, MULLAGHMORE**

*Saturday: 6.30 pm*

MINISTRY ROTAS, <u>CLIFFONEY</u>		
MINISTERS OF HOLY COMMUNION		MINISTERS OF THE WORD
Sun, 15 <sup>th</sup> Feb	Ali Conway, Frank Kielty	Anne O'Dare, Kathleen Sheerin
Sun, 22 <sup>nd</sup> Feb	Patricia Hickey, Pauline McGuire	Frank Kielty, Jacinta Feehily
<b>Altar Society</b>	<b>February:</b> Susan Leonard, Bridie Waters, Mary Rooney, Martina Keegans.	
Sun, 15 <sup>th</sup> Feb	10.30am	Cliffoney: Josie & Annie Flynn
Wed, 18 <sup>th</sup> Feb	7pm	Cliffoney: <b>ASH WEDESDAY</b>
Sat, 21 <sup>st</sup> Feb	6.30pm	Mullaghmore:
Sun, 22 <sup>nd</sup> Feb	10.30am	Cliffoney:
<b>CLIFFONEY OFFERINGS: Sunday: € 1,108.69 Renovation (January): €430</b>		

### Carns National School Open Evening

**OPEN NIGHT**

**Thursday, 26<sup>th</sup> February, 7-8 pm.** Carns School caters for children living in the parish of Ahamlish. Parents and children are invited to come in and take a look around our school and meet the teachers.

Further details at [www.carnsschool.com](http://www.carnsschool.com) - Tel 0719173081

**Taster in Theology** (series 2015). Modules open to the public

**Introducing The New Testament:** Three weekends 20/21<sup>st</sup> Feb; 6/7<sup>th</sup>; 27/28<sup>th</sup> Mar

**Understanding the Liturgy of the Eucharist:** Two weekends 17/18<sup>th</sup> & 24/25<sup>th</sup> April Friday (7.30- 10pm) & Sat (10am-4pm). Cost €60 per module which includes a light lunch. For further information Deacon Damien Kearns, St. Angela's (071)91-95532 or permanentdiaconate@stangelas.nuigalway.ie

### Sacrament of Holy Communion, 2015

**Scoil Naomh Molaise & Socil Bríde:** Grange Church on **Saturday, 9<sup>th</sup> May**

**Cliffoney NS & Castlegal NS:** Cliffoney Church on **Sunday, 17<sup>th</sup> May** at 10.30 am

### Sacrament of Confirmation, 2015

takes place in Grange Church on **Friday, 15<sup>th</sup> May at 11 am**

### A Lenten Reflection Day



A Lenten Reflection Day will be held in Star of the Sea Centre, Mullaghmore on **Saturday, 21<sup>st</sup> February: 10.30-4pm.** The day will be an exploration of the Life, Death, Rebirth cycle in the earth, the wider Sacred Universe and in our own lives. Facilitator: Mary Kate Hagan. Cost € 20 which includes tea, coffee and a light lunch. Book at 071 9176722.

### Indoor Soccer in North Sligo Sports Centre on THURSDAYS

Women 7pm - 8pm. Men 9pm - 10pm. No commitment required, just respond to a text invite on the day. €1 for members, €5 for non-members.



If you want to play just give your details to Gerry in the office or on 071

9163555.

MASSES, GRANGE		
Sat, 14 <sup>th</sup> Feb	8pm	Margaret Toher, Months mind. Maureen Carway Dympna O' Dea (2 <sup>nd</sup> Anniv), Martin O' Dea (10 <sup>th</sup> Anniv), Annie Foran (4 <sup>th</sup> Anniv)
Sun, 15 <sup>th</sup> Feb	12noon	Mick Gilloon (4 <sup>th</sup> Anniv)
Mon, 5 <sup>th</sup> Feb	7pm	Philomena Baulk, Luton & Doonsaskin
Tue, 17 <sup>th</sup> Feb	7pm	Mick & Bride Boyle
Wed, 18 <sup>th</sup> Feb	11.30am	<b>ASH WEDESDAY</b>
Thur, 19 <sup>th</sup> Feb	7pm	Joe Keaney
Fri, 20 <sup>th</sup> Feb	7pm	
Sat, 21 <sup>st</sup> Feb	8pm	Jimmy Christi (5 <sup>th</sup> Anniv)
Sun, 22 <sup>nd</sup> Feb	12noon	Padraig Gilmartin, Agnes Gilmartin, Agnes Hopkins, anniversaries <b>FIRST SUNDAY OF LENT</b>
FEBRUARY	SATURDAY	SUNDAY
<b>OFFERTORY COLLECTORS</b>	Mary Feeney, Grogagh; Kathleen Feeney, Kiltykere; Nora Fitzpatrick, Moneygold; Mary Currid, Mt Edward; Mary Burns, Moneygold	Padraig Clancy, Moneygold; Tom Currid, Lislarry; Bill Carney, Breaghwy; Joseph Brady, Breaghwy
<b>ALTAR SOCIETY February</b>	Mary Gilroy, Tina Gilmartin, Doris Power, Roslyn Brennan, Catherine Feeney.	
<b>GRANGE OFFERINGS: Sunday: €1,255 Restoration: €135</b>		



### PLEASE REMEMBER IN YOUR PRAYERS

**Agnes Dorrian** Dunkineely, (RIP 1<sup>st</sup> February). Our sympathy, to her son Brendan Dorrian, Moneygold.

**Maura Regan** Cavetown, Croghan, Co. Roscommon (RIP 6<sup>th</sup> February). Our sympathy to her husband and children especially her daughter, Irene Moylette, Drumfad, her son in law & grandchildren.

**John Eustace**, Ennis, Co. Clare (RIP 8<sup>th</sup> February). Our sympathy to his sister, Vera Meehan, Grange.

### Steps towards a Healthy Lifestyle

A **six** week course starts **Wednesday, 18<sup>th</sup> February** in St. Michaels Family Life Centre, Sligo. To help participants to lay the foundation for healthy living including improving diet, increasing physical activity, recognising and managing stress and finding support to make and maintain healthy lifestyle choices. Cost: €70 Contact 071-9170329



### St. Vincent de Paul Society

Contact us at any time in complete confidence on 087 186 8490.