Congratulations & well done to all our Summer sporting champions.



Christopher O'Donnell, Newtown became the Irish National U18 400m champion and achieved a championship record. He won silver in the All Ireland 200m. He represented Ireland at the Celtic Games, winning the 400 m and winning with the 4x400m relay team. He also won the 400 m at the International Meeting of Nevilles, Belguim.

Well done also to Colm Bourke & Kierian Eillot who competed in the Glo Health Senior Champions in Dublin. Colm Won Bronze in the long jump while Kerian won Sliver in the Men's 200 meters.

Congratulations to our U13 girls who won the All Ireland Community Games Indoor Soccer last weekend in Athlone. This team included Kathy Harrison, Lorraine Oates, Eimear Messenger, Marianne Feeney, Emer Carroll, Sarah Kiernan, Eimear Cannon and Clara Mitchell. A big thank you to their coaches **Donal Harrison & Phil Messenger**.

Well done to Maeve Poole who won a bronze medal in Art in the National final of the community games

Well done to our Senior Athletics teams who took part in the National Half Marathon at the beginning of August. The men's team were fourth overall and the women's team were fifth. The mens team was Tommy Kelly, Craig Brennan, Darragh Currid, Conor McCann & Jimmy Currid. The womens team was Aisling Van Rensburg, Andrea Horgan, Alison O'Sullivan & Linda Lally. A big thank you and congrats also to the senior team coach Michael Carney.

Mona McSharry represented Ireland at the European Games (held every four years) at Baku where she swam in 5 events. She progressed to the semifinals individually & swam in a final with the relay team which produced an Irish Junior record. She made 6th place in the competition. Later in the summer Mona swam in the Irish Age Group Championships winnning 6 golds and 1 bronze. Now she is training for the Sainesbury School Games in September in Manchester where she will be part of the Irish team to compete against England, Scotland and Wales. The best of luck Mona. Mona trains with Marlins in Ballyshannon.

Well done also to all the other athletes, artists, gymnasts etc who represented themselves and their parish in various events over the summer. Whilst they didn't bring home medals they trained hard over the summer and represented Their parish very well

Parish of Ahamlish and Inishmurray Grange & Cliffoney & Mullaghmore Tel: 071 9163100



Rev. Christy McHugh

Web address: www.ahamlish.com

Email: ahamlishparish@gmail.com







Celebration of the Eucharist

ST. MOLAISE, CLIFFONEY

Sunday: 10.30 am

Wednesday, 7-8 pm: Adoration of the Blessed Sacrament

CHURCH OF MARY IMMACULATE, GRANGE

Saturday: 8 pm Sunday: 12 noon

OUR LADY STAR OF THE SEA ORATORY, MULLAGHMORE

Saturday: 6.30 pm



MINISTRY ROTAS, <u>CLIFFONEY</u>						
	MINISTER	S OF HOLYCOMMUNION	MINISTERS OF THE WORD			
Sun, 30 th Aug	Mary Doyle, Ali Conway Frank Kielty		Pauline Maguire Anne Mc Gloin			
Sun, 6 th Sept	Frank Kielty, Patricia Hickey, Pauline Maguire		Mary Mc Gowan			
Altar Society	September: Patricia Hickey and Mary Gallagher					
MASS INTENTIONS in CLIFFONEY & MULLAGHMORE						
Sat, 29 th Aug	6.3opm	Mulaghmore:				
Sat , 30 th Aug	10.30am	Cliffoney: Henry Gallagher , Mary, Breege & Brendan				
Fri, 4 th Sept	3.00pm	Mullaghmore: Wedding: Michael & Odtharnaith				
Sat, 5 th Sept	6.30pm	Mullaghmore:				
	10.30am	Cliffoney: Deceased of the Kennedy Family				
Sun, 6 th Sept		Ballincastle.				
	1.30pm	Cliffoney: Baptism				
CLIFFONEY OFFERINGS: Sunday: € 952.00						

St. Michael's Family Life Centre.

Our Autumn/Winter brochure, is now available. To mark 20 years serving the people of Sligo we will open our new Garden on 11th Sep. a t12 noon. Friends and supporters of the Centre (past and present) very welcome. If you wish to attend please contact us by Friday 4th Sept this is **essential** as finger food lunch will be served.contact us at 071-9170329 or email stmichaelsfamilylifecentre@eircom.net f

Alzheimer Café

The Glasshouse Hotel, Fri, 4th Sept. 11am - 1pm Cafe mornings are free and anyone affected by Dementia are welcome to attend.

This month there will be an information session on an Overview of Dementia.

Sincere Welcome

To Rev Isaac Hanna the newly appointed Rector of Drumcliffe/ Lissadel/Munninaine Parishes. Welcome to his wife Diane & Sons Joshua & Daniel. We hope you will be very happy alongside us in North Sligo.

National Eucharistic Congress 2015

A National Eucharistic Congress will be held in Knock Shrine on Saturday 26th and **Sunday 27**th **September 2015.** More details will be available in the coming weeks.

DATE FOR THE DIARY

"Remembering the Armada" as part of the Celtic Fringe Festival on Streedagh Strand Saturday 19th September 2015

Rainbow Rhythm

Resumes on Thurs 3rd of Sept. in grange hall @ 6pm, for younger ages and 7pm for 2nd class upwards. A fun environment to learn song and dance. New members welcome!!

		MASSES, GRANGE			
Sat , 29 th Aug	8pm				
Sun, 30 th Aug	12noon	Leo Kilfeather (10 th Anniv)			
Mon, 31 st Aug	9.30am	For People of the Parish			
Tue, 1 st Sept	7.00pm	John Joe Leyden (10 th Anniv)			
Sat, 5 th Sept	1pm	Wedding: Kevin & Emma			
Sun, 6 th Sept	12noon				
September	SATURDAY		SUNDAY		
OFFERTORY COLLECTORS	Seamus Feeney, Newgrange; John Herron, Mount Edward; Phillip Lang, Streedagh		Michael Feighney, Streedagh; Cormac Feeney, Kiltykere Sean Taheny, Pine Grove		
ALTAR SOCIETY	Eileen Coyne, Phyllis Mulvanney, Sheila Burke, Tríona				
September	Warnock, Teddy Kelly and Rose Lafferty				
GRANGE OFFERINGS: Sunday: €1175 Renovation: €41					

PLEASE REMEMBER IN YOUR PRAYERS



Margo Mc Kiernin (nee Haran) Circular Rd, Sligo died Aug 23rd Our Sympathy to her Son Michael Daughters Marie Therese, Attracta & Cathy. Sister, Sr. Vickey (Sisters of the Holy Faith Burbank,

California). Funeral took place in St. Anne's Church Sligo with burial in Sligo cemetery Margo is the sister of the late Fr. Cyril Haran P.P. Grange 1988-2003 Mary Currid Liggan, Ballinfull, Sligo Died Aug 26th Our Sympathy to her Family, Sons, Daughters Grandchildren & Great Grandchildren.

<u>Paddy Curran</u> d. 25th Aug, Newry, Co. Down formerly of Bunduff Castlegal.

First Friday Calls will be on Tuesday September 1st

Sligo Mental Health Association

Annual church gate collection on Sat, 29th & Sun 30th Aug 2015 in our Parish.

Lough Derg



Lough Derg is open for One Day Retreats from 17th August which continue on certain days until 20th September. The Retreat follows a set programme of prayer and reflection. The Sacrament of Reconciliation is included but optional. The day concludes with the celebration of Mass. A light lunch is served and pilgrims keep footwear on. Advance booking is essential.

For more details or to book a place email:info@loughderg.org or phone:071981518

Words from Pope Francis on Consecrated Life

"The Lord calls us to follow each day with courage and fidelity. He has given us the great gift of choosing us as his disciples, inviting us to proclaim with joy as the Risen One, but it requires us to do so by our words and the witness of our everyday lives. The Lord is the only God of our life, and He invites us to rid ourselves of many idols and worship Him alone.