

Tractor & Car Run in aid of RNLI – Sun 7th Apr, Oxfield Sports Centre

€10 per Car/ tractor. Vintage + modern tractors welcome. Start at Oxfield at 11am, return trip to Raughley. Contact Luke 0873585210.

Have you been thinking about doing something for yourself?

Well look no further. Get up, Get out and Get moving! Men and women, any age and ability, this is your opportunity to do something for yourself. Qualified coaches will help you go from the couch to running or jogging 5K in 4 weeks. Meet your neighbours, make new friends and get those endorphins going every Monday and Wednesday at 7 pm for 4 weeks at North Sligo Sports Complex, Grange.

This is being run by North Sligo AC and supported by St. Molaise Gael's Healthy Club who will provide talks on various topics such as nutrition, weight loss etc during the 4 weeks.

Please note we particularly encourage men of all ages to take part and take this opportunity to get back on the health & wellness trail.

Church Gate Collections in your area for North West Hospice – 6th/7th April

NW Hospice provides specialist care with compassion to those living with life-limiting illness in our community. To maintain our current level of service, we must raise €1 million every year through voluntary contributions, donations and fundraising events. This is a huge task and we can only do it through the generosity and support of people like your parishioners in our community. For more info visit www.northwesthospice.ie or contact info@northwesthospice.ie / 0719170523.

Grange Good Friday 5K Run at 7 pm in aid of Friends of Sligo University Hospital

Walk-Jog-Run (adults, children, families, buggies.) **All welcome.**

Registration: From 6pm at North Sligo Sports Complex **Entry:** €12 Adults - €5 Children.

Starts near North Sligo Sports Complex. Refreshments afterwards.

Social Dance - Ballintogher Community Centre, Fri 12th Apr, 9.30am

Music by Michael Walsh & Friends. *Fáilte roimh gach einne.*

Social Dancing - Carraroe Community Centre, Sligo every Wednesday night

Dance class 8.30 to 9.30pm. No dance partner necessary. Contact Frank on 0879809432. 10th

April: Noel Briody, 17th April: Billy Corcoran + 24th April: Colm Burke

North Sligo Athletic Club – Church Gate Collection, Easter Weekend

Your kind donations are appreciated and go directly to athletes (children & adult) development, club equipment, competition entries.

North Sligo Playground Annual Grange Village & Streedagh Beach Spring Clean.

Meeting at the playground on Sun 7th April at 2pm. Gloves and bags provided. Refreshments for all at the end. Many hands make light work!

Alzheimer Café – Thur 11th Apr, 11am-1pm in the Glasshouse Hotel, Sligo

Speaker on the day is Donal Carroll: Legal Aspects of Decision Making, Wills, Probate etc.

This cafe session is open to all members of the public. It is not confined solely to people affected by Alzheimers/Dementia. Look forward to seeing you all there . For further

Information, please call Clair Culklin on 085 8720043/clairculkin@alzheimer.ie

Staff Required

Staff required Star of the Sea Centre, Mullaghmore. Contact Kathleen at 071 9176710 or email staroftheseacentre@gmail.com

Parish of Ahamlish and Inishmurray

Grange ♦ Cliffoney ♦ Mullaghmore

Rev. Christy McHugh

Tel: 071 9163100

Web address: www.ahamlish.com Email: ahamlishparish@gmail.com

Postal Address: Parochial House, Grange, Co. Sligo. F91 HR26

Issue 115, Saturday 6th April 2019



“If there is one of you who has not sinned,..... stone”

Celebration of the Eucharist

ST. MOLAISE, CLIFFONEY

Mass Sunday: 10:30 a.m.

**Wednesday, 7:00pm -10:00 pm: Adoration of the Blessed Sacrament
7pm(Wed) – 7pm(Thur):24hr Adoration every 3rd Wed of the Month**

CHURCH OF MARY IMMACULATE, GRANGE

Thursday, 7:00pm – 10.00pm: Adoration of the Blessed Sacrament

Mass Saturday: 8:00 p.m

Mass Sunday: 12:00 noon

OUR LADY STAR OF THE SEA ORATORY, MULLAGHMORE

Mass Saturday: 6:30pm

Saturday, 6:00pm –6.30pm: Adoration of the Blessed Sacrament

Date	Eucharistic Ministers	Ministers of the Word
Sun 7 th Apr	Ali Conway, Frank KIELTY	Anne O'Dare, Kathleen Sheerin
Sun 14 th Apr	Bridie Watters	Patricia Hickey
Altar Society	April: E. O'Connor, M. Clancy, Mark Clancy	
MASS INTENTIONS in CLIFFONEY & MULLAGHMORE		
Sat 6 th Apr	6.30pm	Mullaghmore: Paddy + Mary Gorevan
Sun 7 th Apr	10.30am	Cliffoney: Henry Conway (16 th Anniversary) Mary Conway (3 rd Anniversary) + parents
Thur 11 th Apr	10am	Cliffoney: Feast of St. Stanislaus
Fri 12 th Apr	3pm	Cliffoney: Baptism
Sat 13 th Apr	6.30pm	Mullaghmore: Palm Sunday
Sun 14 th Apr	10.30am	Cliffoney:
Cliffoney Offerings: <i>Sunday Collection: €845</i>		

Words from Pope Francis to Young People:

"If you are young in years, but feel weak, weary or disillusioned, ask Jesus to renew you. With Him, hope never fails."

Galilee Centre, Boyle

Communicating with God: A Lenten faith formation series. Tuesdays April 9th from 10.30am – 12.00pm, led by Ian Neylon and Anne Francis. Donation €10 per person or couple or €40 for the five sessions. Come to any or all. No need to book.

Adoration of the Blessed Sacrament

Mullaghmore 6pm-6.30pm every Sat **Cliffoney** 7pm-10pm every Wed
Grange 7pm-10pm every Thur.

Thanks to all the volunteers who make this possible. Everyone is welcome.

Anyone wishing to help out + commit to an hour phone Patricia 0879905637 or Fr. Christy 0877986602.

Lenten Scripture Sharing Groups

Resources available to download @ www.elphindiocese.ie/lent. Support for new groups also available.

Stations of the Cross - Grange Church

For children every Monday during Lent at 3.05pm (15mins).

Day of Reflection in Preparation for Holy Week

Walking in the footsteps of Jesus. Led by Colette Furlong, Catechist and Liturgist. Sat 13 April 11am – 3pm, Star of the Sea Centre, Mullaghmore. To book call 087-6132985.

Pope Francis to Young People

Pope Francis has published his Post-Synodal Apostolic Exhortation to young people and to the entire People of God, entitled *Christus vivit (Christ is Alive)*. People of all ages are encouraged to read it. It is the fruit of planning, consultation and over three weeks of deliberation involving bishops and young people from around the world who attended the Synod in the Vatican last October. Pope Francis says that he allowed himself to be "inspired by the wealth of reflections and conversations of the Synod" on young people. You can find the full text on www.elphindiocese.ie.

Chrism Mass

This annual Mass will be held in Sligo Cathedral, Wed 17th Apr at 7.30pm where the Bishop blesses the oil used by the priests during the forthcoming year at Baptism, Confirmation and the Last Rites.

Everyone is welcome. Cuppa after in Gillooly Hall.

Masses Grange		
Sat 6 th Apr	8pm	Mary Feeney, Grogagh (2 nd Anniversary) Paddy + Mary Kate Leonard, Augharrow John Patrick + Nora + Cormack Feeney
Sun 7 th Apr	12.00pm	Fifth Sunday of Lent
Mon 8 th Apr	9.30am	For the People of the Parish
Tue 9 th Apr	9.30am	
Wed 10 th Apr	9.30am	
Fri 12 th Apr	11 am	S.N. Molaise Primary School Ms. Philomena O'Connor's last day
Sat 13 th Apr	12.45pm 8pm	Wedding: Roscommon Padraig Foley John Ryan (1 st Anniversary) Brendan Kiernan
Sun 14 th Apr	12.00pm	Palm Sunday
April	SATURDAY	SUNDAY
OFFERTORY COLLECTORS	Sean Meehan, Moneygold Gerry Kilfeather, Kiltykere Desmond Rooney, Breaghwy Michael McLoughlin, Breaghwy	Jim Rooney, Aughagad Cormac Feeney, Grogagh John Feeney, Cloontyprucklish Sean Taheny, Pine Grove
ALTAR SOCIETY	April: Christina McGarry, Eileen McGowan, June Woulfe	
Grange Offerings: <i>Sunday Collection: €1192</i>		

Please remember in your prayers:

Fr. Pat McHugh C.C. Grange 1969-1980; P.P. Rooskey, Co. Roscommon; formerly of Union Street, Sligo. Died aged 91 at Mowlam Nursing Home. Funeral took place at Cathedral of Immaculate Conception, Sligo at 12.30pm on Thur 4th April with burial in Rooskey Churchyard, Co. Roscommon. Our sympathy to his nephews Shane, Dermot, Ian + Gerard, relatives and friends.

Scoil Naomh Molaise

Our esteemed Deputy Principal, Philomena O'Connor is retiring her position at Scoil Naomh Molaise after 38years service. Philomena has been a dedicated and diligent member of our school community since 1981 and has positively influenced the lives of so many pupils and their families. A special mass will be held in Grange Church on Friday 12th April at 11am to mark this significant occasion. Past pupils, their families, friends and colleagues are invited to attend and celebrate with us. We sincerely thank Philomena for her commitment, compassion, and unrelenting good humour over the years and we wish her good health and happiness in the next chapter of her life. Philomena will be missed.

Get Connected to the Internet (classes for older learners 55+) – Sligo Library

Bring a Laptop/iPad/iPhone/Tablet/Smartphone or one will be provided. Classes are run in Sligo Central Library. Participants are taught on an individual basis by trained volunteer tutors. 5weeks, one day per week (2hrs per class). Classes; Wed morning. No fee. For more info call Age Action on 091 527831.

One Day Pilgrimage to Lough Derg

Sligo Cluster of Parishes Annual One Day Pilgrimage to Lough Derg will take place on Tuesday 14th May 2019. Booking is essential. Please call Sabrina Rooney on 071-9145028.

Sligo Meals on Wheels Service deliver meals 365 days a year.

Please spread the word. Phone Lorna 071 91 45682