

North Sligo AC 2021-22 Highlights

As we come to the end of coaching for this year here is an update from our club.

It has been a challenging time coming out of Covid restrictions. So many children want to join the club and experience the joy of running and/or learning new skills such as long jump, shot putt and javelin. We are limited by our number of volunteers and space. We continue to do our best to accommodate as many children and teenagers as we can. New volunteers are always welcome.

We are very proud of all that has been achieved by the club this year. Our athletes participated in local, county, provincial and national events.

Most recently the Connaught Finals took place at the ATU (previously IT Sligo) with great success for North Sligo AC. Our race walkers, Shane Dunleavy (U14) and Eabha Currid (U12) took gold and silver respectively. Sadhbh Ballantine qualified for nationals in the U13 Shot Putt and Emily Masterson and Anabelle Finn qualified for U11 girls relay. Hannah Waters and Emma Bruen took gold in U10 Turbo Javelin. Aoibhin Schmidtmeier (U14) took silver in the shot putt and Daniel Murray (U14) took silver in the hurdles. Jasmine Dunleavy (U17) took bronze in the long jump. Ann Currid (U17) took bronze in 200m, Ciara Schmidtmeier (U11) silver in 60m and Laina McCormack (U11) in 600m. Darragh McGee won U16 Gold over 800m and will compete at the Nationals in Tullamore on 2nd July. Bruce Philips and Shay Davis finished 4th qualifying for the Nationals in 100m, 200m and 1500m respectively. Our clubs Masters Men's team put in a very impressive performance in the National Masters 10k over 35 championship in the Phoenix Park in April. The team of Donal Egan, Craig Brennan, Eamon McAndrew, Eamon Murphy and Alan Wallace overcame tough competition to finish 2nd. Eamon Murphy was very impressive in winning the Masters 3k at the Connacht championships in Athlone recently

We are particularly proud of Christopher O'Donnell who has represented North Sligo AC and Ireland at national and international level for several years now. He will compete to regain his national title in the 400m this weekend and we wish him every success. The 400m heats take place on Saturday, 25 June at 17.30 and the Final is on Sunday, 26 June at 19.25. You will be able to see the final on RTE 2 from 6pm on Sunday 26th. Christopher achieved a PB (personal best) last week in Madrid, running the 400m in 45.26 seconds. He has the 5th fastest time in Europe for 2022 so far. Christopher has now secured automatic qualification to the European Championship's in Munich this August. We wish Christopher every success.

Sincere thanks to all our coaches, volunteers, sponsors, parents and members for their support and contribution to North Sligo AC. Training will recommence early September, watch out for notices in the newsletter and on Facebook and Instagram. Wishing everyone a very happy summer with plenty of physical activity.

Bingo in Cliffoney Hall

Every Saturday night at 9pm

Annual Armada Celebrations

Planned for 16th - 18th September. Keep the date.

Parish of Ahamlish and Inishmurray

Grange • Cliffoney • Mullaghmore

Fr. Christy McHugh

Parochial House, Grange, Co. Sligo F91 HR26

Tel: 071 9163100 **Web:** www.ahamlish.com **Email:** ahamlishparish@gmail.com

Facebook: Ahamlish Parish Sligo

Sunday 26th June 2022

Thirteenth Sunday in Ordinary Time



Online Mass

Every Mass from Grange Church available on our Facebook Page

Adoration

Every Wednesday, 7-9pm, Cliffoney Church

Every Thursday, 7-9pm, Grange Church

Mullaghmore Masses

Saturday 25th June	6:30pm	Feast of the Immaculate Heart of Mary
Saturday 2nd July	6:30pm	Tommy Burns, Dublin and Mullaghmore (6th Anniversary)

Cliffoney Masses

Sunday 26th June	10:30am	Rose Anne Keown, Garrison
Sunday 3rd July	10:30am	Fourteenth Sunday
Collection 13/6: €528 Collection 13/6: €627 Peters Pence: €94		

Grange Masses

Saturday 25th June	8:00pm	Patsy Foley (2nd Anniversary) Rose Hoey Jim & Mac Sheerin (2nd Anniversary)
Sunday 26th June	12 noon	Thirteenth Sunday
Monday 27th June	9:30am	Feast of St Cyril of Alexandria Vincent O'Donnell (1st Anniversary)
Tuesday 28th June	9:30am	Feast of St Irenaeus Auntie Mary (13th Anniversary)
Wednesday 29th June	9:30am	Feast of St Peter and Paul Mark O'Brien, England (4th Anniversary)
Thursday 30th June	9:30am	Feast of the First Martyrs of the Holy Roman Church Enrollment Mass
Friday 1st July	9:30am	Alexander Braun (1st Anniversary)
Saturday 2nd July	8:00pm	Annie Meehan Roderick & Mary O'Connor (18th & 7th Anniversaries)
Sunday 3rd July	12 noon	Fourteenth Sunday
Collection: €660 Peters Pence: €192 Ukraine: €50		

Census 2022

Of the results released so far, perhaps the most noticeable is that of the overall population of the 26 counties - 5.1 million. Not since 1851 has that number been reached.

Cemetery Sunday

Rathcormac: 3rd July 3:00pm

Scarden: 3rd July 3:00pm

Ahamlish: July 31st 12 noon

Please Remember in Your Prayers:

- Jimmy Oates, Gortaroway, Castlegarron. Died 22nd June at Nazareth House, Sligo. Brother of the late Kathleen McGarraghy, Derrylehan. Our sympathy to his wife Kathleen, sons Michael, daughters Christine & Helen, grandchildren and great-grandchildren. Funeral Mass took place in Nazareth House on Friday 24th June with burial in Rathcormac Cemetery.
- John Leonard, Newtownward, Grange. Died 21st June. Our sympathy to his cousins. Funeral Mass took place on Thursday 23rd June in Grange with burial in Ahamlish Cemetery
- Kevin Gallagher, Teesan, Sligo and formerly Loughnacrorry, Co Tyrone. Died 19th June. Our sympathy to his wife Bridget Gillen (formerly Newgrange); daughter Maria; sons Sean, Mark, Hughie & Patrick; grandchildren; great-grandchildren; son-in-law and daughters-in-law. Funeral took place in Grange on Wednesday 22nd June with burial in Rathcormac Cemetery.
- Martin Togher, Ardtrasna and Leeds. Died 14th June in Leeds. Our sympathy to his wife Patsy and the Feighney family. Funeral will take place in Leeds. Aged 87, Martin is the last and youngest of the seven Toghers.
- Alexander Crockett Braun (1994 - 2021). Died 1st July 2021 on Benbulbin. Native of Missoula, Montana, USA. Our sympathy to his mother Virginia, brother Eric and partner Lucia, Toledo, Spain. A soccer and tennis player, he attended Hell Gate High School where I had some cousins of my own. Alex was a geology major. He was studying geological engineering in UCD and had completed a masters in April 2021. Our thanks once again to all those who attended to Alex and his partner Lucia on Benbulbin last year.

Retreat for Women

With Louise & Deacon Frank McGuinness at Star of the Sea Retreat Centre, Mullaghmore from 22nd July 4:00pm to 24th July 2:30pm. Cost: €210. An opportunity to discover and encounter the infinite love of the Father as he reveals His heart to you. Explore your identity as daughter of the King of Heaven. Receive healing through the Eucharist. Learn how to hear God's voice and explore your mission as priest, prophet and king. For information please phone: 071 91 76722 or email: staroftheseacentre@gmail.com

Cliffoney Hall Social Dancing

Time to shake the dust of those dancing shoes. Social Dance takes place in Cliffoney Hall on Friday 1st July from 9:30pm to 12:30am. Music by Brendan Magee. Refreshments served on the night.

North Sligo Agricultural Show Volunteers

North Sligo Agricultural Show are looking for volunteers to help on show day Saturday 30th July. Anyone interested please contact Martina Ward on 0877719742 or Kieran Woods on 0868926033.