

The Spirituality of Recovery: A Unique day for Families Affected by Addiction - With Mr Sean Harty. Spirituality is a personal search for meaning in life, for connection with all things and for the experience of a power beyond oneself. This day of reflection and support will allow us all to express and discuss the importance of spirituality and Addiction Recovery. Shared experiences and mutual respect for each other will allow this day to take us on a journey. February 15th, Galilee Spirituality Centre, 10.30-3.30. Numbers Limited: Booking: info@galilee.ie 071-966-4101/ €20 or €25 per family. €10 unwaged. Light lunch included.

Benbulbin Comhaltas - Ellen's Bar, Sun 16th Feb from 4pm-6pm.

Come along and join in. It is a great environment for younger musicians to practice a few tunes. Sun 15th Mar, Morans Bar, Grange. Sun 19th Apr, Jordans Lounge, Maugherow. All from 4-6pm.

Church Gate Collection – 15th / 16th Feb.

Dates for the diary:

Sligo County Fleadh: from Sat 30th - Sun 31st May 2020. Closing date for entries is Sat 28th March.

Contact County Secretary, Louise King, 086 3916761 email: louisec.king@yahoo.com

Knocklane Festival: This event will take place Fri 19th - Sunday 20th June 2020

Rinka Kids Fitness & Wellness classes starting in Grange GAA, Thur 20th Feb, at 3.30pm

Our classes range in activity from high-energy games and athletic skills to gymnastic skills, dance and movement and mindfulness. We ensure that your child is introduced to a range of skills and experiences in a class that is full of positivity and happy vibes! Info phone Audrey on 0860792516 or email audrey@rinka.ie.

SVP

Your local SVP (St. Theresa's Conference) are looking for new members. If you would like to become a volunteer. Please contact us on 087 1868490.

North Sligo Agricultural Show - Mr & Mrs fundraiser, Great Northern Hotel Bundoran, Sat 11th Apr

Tickets are €10 and can be got from any committee member, Grange Post office, Cliffoney Hair and Beauty and Morans Bar Grange. 5 Local Couples are taken part. For tickets, contact Linda @ 0872974481

Annual Church Gate Collection - North West Simon Community

Takes place next weekend at Cliffoney, Mullaghmore & Grange, please support the local homeless charity who last year alone supported 401 individuals in Sligo, Leitrim & Donegal.

COMMUNITY GAMES – KEY DATES FOR 2020

- Art/Model Making in Scoil Naomh Molaise, Grange on Sat 7th Mar U8 & U10 at 10 am. U12 and up at 11 am. All age groups for model making starts at 10 am.
- Swimming in Ballyshannon Leisure Centre on Sun 8th Mar at 11 am
- Athletics in North Sligo Sports Complex on Sun 26th Apr at 2 pm (SHARP)

Please note competitors must live in the area in which they register. Check out the Cliffoney/Grange FB page updates + reminders. Enquiries: Donal Gilroy (087) 938 6694/ Catherine Timoney (087) 418 5192.

ARISE – Young Adult 18+ National Event takes place in Knock Shrine on Saturday March 7th 2020. There will be inspirational speakers, music, celebration, fun, a chance to meet with other young adults and much more. Registration is from 10am and the day will finish at 4:30pm, Cost €10. For more information, booking, etc. Please contact Frank McGuinness, Director of Youth & Young Adult Ministry, Diocese of Elphin. Text, Whatsapp, Call, etc. to 087 9880690 or email: frank.mcguinness@elphindiocese.ie For up to date information please see Diocesan Website at <https://www.elphindiocese.ie/arise/>

Sligo/ North Leitrim Alcoholics Anonymous Convention

The Convention will be held in the Clayton Hotel, Clarion Road, Sligo, from 6pm Fri 6th Mar until Sun 8th Mar. For more info contact at info@sligonorthleitrimaa@gmail.com

Parish of Ahamlish and Inishmurray
Grange ♦ Cliffoney ♦ Mullaghmore

Rev. Christy McHugh

Tel: 071 9163100

Web address: www.ahamlish.com Email: ahamlishparish@gmail.com

Postal Address: Parochial House, Grange, Co. Sligo. F91 HR26

Issue 160, Saturday 15th February 2020



Celebration of the Eucharist

ST. MOLAISE, CLIFFONEY

Mass Sunday: 10:30 a.m.

Wednesday, 7:00pm -10:00 pm: Adoration of the Blessed Sacrament
7pm(Wed) – 7pm(Thur):24hr Adoration every 3rd Wed of the Month

CHURCH OF MARY IMMACULATE, GRANGE

Thursday, 7:00pm – 10.00pm: Adoration of the Blessed Sacrament
Mass Saturday: 8:00 p.m
Mass Sunday: 12:00 noon

OUR LADY STAR OF THE SEA ORATORY, MULLAGHMORE

Mass Saturday: 6:30pm
Saturday, 6:00pm –6.30pm: Adoration of the Blessed Sacrament

Masses Cliffoney & Mullaghmore		
Sat 15 th Feb	3pm 6.30pm	Cliffoney: Baptism x 3 Mullaghmore:
Sun 16 th Feb	10.30am	Cliffoney:
Fri 21 st Feb	1pm	Cliffoney: Wedding – Anthony & Andrea
Sat 22 nd Feb	6.30pm	Mullaghmore: Kathleen + Packie Harrison (17 th + 8 th Anniversary) + Anna Lyon (5 th Anniversary) Johnny Barry + deceased family (29 th Anniversary)
Sun 23 rd Feb	10.30am	Cliffoney:
Date	Eucharistic Ministers	Ministers of the Word
Sun 16 th Feb	Ali Conway, Frank Kilty	Mary McGowan
Sun 23 rd Feb	Bridie Watters, Mary McGowan	Karen Mulgrew, Anne Gallagher
Altar Society	February: B. Watters, S. Leonard, A.M. Rooney	
Cliffoney Offerings:		<i>Sunday Collection: €828</i>

Dates for your Diary

- First Confession at Grange Church for Pupils of 2nd Class at SN Molaise Grange, Castlegal NS, Cliffoney NS + Carns NS on 12th March at 7pm.
 - 1st Holy Communion in Grange Church on 16th May at 11am
 - 1st Holy Communion in Cliffoney Church on 24th May at 10.30am
- Sacrament of Confirmation at Cliffoney Church on 28th May at 11am

Tobernalt Holy Well

We welcome visitors to the Holy Well throughout the year. If you are organised a group and would like to arrange a tour, Prayer Service or Mass please contact the Presbytery in Carraroe at 071-9162136. The Holy Well is open to visitors 24/7 during day light hours. Web site is available at www.holywellsligo.com

Beginning Experience

Weekend for people who have lost a spouse through death, divorce or separation 3-5 April 2020 at Redemptorist Centre Esker Athenry Co. Galway, Tel; Maureen 0876646896 or Mary 0879384446.

Annual Mass to Remember Victims of Crime

You are invited to attend a special Mass to remember victims of crime on Sunday, 23rd February at 12 noon in Knock Basilica. This Mass is in association with the Federation for Victim Assistance and supports European Victim of Crime Day to remember all who suffer at the hands of criminals throughout the island of Ireland and Europe. For more details please contact Mary in the Victim Assistance head office at Enterprise House, Aiden Street, Kiltimagh, Co. Mayo. T: 086 3938871 or Freephone 1 800 277 477.

International Eucharistic Congress 2020 – Budapest

Join Bishop Kevin Doran on the Irish National Pilgrimage to the 52nd International Eucharistic Congress, Budapest from 12th – 21st September 2020. A Eucharistic Congress is a gathering of people every four years which aims to promote an awareness of the central place of the Eucharist in the life and mission of the Catholic Church; to help improve our understanding and celebration of the liturgy and to draw attention to the social dimension of the Eucharist. Be part of this unique event and re-live the atmosphere of the recent International Eucharistic Congress and World Meeting of Families held in Ireland, Cost: From €1,050 per person sharing. For more information see www.catholicbishops.ie To book <https://www.ioewalstours.ie/holidays/pilgrimages-international-eucharistic-congress>

Renewal Evening for Existing Ministers of the Word/Readers of parishes of northern half of the Diocese of Elphin in The Library, Summerhill College, Sligo, (Eircode: F91 D5YF) on Tuesday 3rd March, 8 - 9.30 pm.

Presenter: Bishop Kevin Doran. All welcome.

Renewal Evening for Extraordinary Ministers of the Eucharist of parishes of northern half of the Diocese of Elphin in The Library, Summerhill College, Sligo, (Eircode: F91 D5YF) on Tuesday 10th March, 8 - 9.45 pm.

Presenters: Dr. Anne Francis & Colette Furlong. All welcome.

Masses Grange		
Sat 15 th Feb	8pm	Jimmy McMahon, Grange Marian Carney, Breaghwy
Sun 16 th Feb	12.00	Dympna + Martin O' Dea (15 th + 7 th Anniversary)
Mon 17 th Feb	9.30am	Feast of St. Fintan
Tue 18 th Feb	7pm	Molly + Andy Gallagher, Pine Grove Mary Ann + John Joe Leydon, Moneygold
Wed 19 th Feb	9.30am	
Thur 20 th Feb	7pm	Mary Timoney, Donegal Town (died 20 th Jan)
Sat 22 nd Feb	8pm	Mickey + Kathleen McSharry, Derrylehan (14 th + 4 th Anniversary) Tom Smyth, Streedagh (4 th Anniversary)
Sun 23 rd Feb	12.00	Una + Padraig Gilmartin (2 nd + 23 rd Anniversary) + deceased family
February	SATURDAY	SUNDAY
OFFERTORY COLLECTORS	Kathleen Feeney, Kiltykere; Nora Fitzpatrick, Moneygold; Mary Currid, Mt Edward; Mary Burns, Moneygold	Padraig Clancy, Moneygold; Tom Currid, Lislarry; Bill Carney, Breaghwy; Joseph Brady, Breaghwy
ALTAR SOCIETY	February: Ann Hargadon, Kathleen Feeney	
Grange Offerings:		<i>Sunday Collection: €965</i>

Please remember in your prayers:

Jackie Lowe, Frenchpark, Co. Roscommon died Feb 8th at his home in his 96th year. Predeceased by his wife Attracta (May 2019). Funeral Mass took place at St. Asicus' Church, Frenchpark on Mon 10th Feb at 2pm with burial in Kilmanagh Cemetery. Our sympathy to his daughter Denise, Ballyscannell, Grange, his sons Kevin, (Munninane, Grange) Kevin + Barry + 10 grandchildren.

Irene Oates (nee Gallagher) Luton + formerly Gortakeerin, Coolaney, and Aughagad, Grange; died at her daughter Eileen's residence on Fri 7th Feb. Funeral arrangements later, but Funeral Mass will be held in Grange Church at a later date with burial in Ahamlish Cemetery.

The Snowdrops Memory Choir is for people living and coping with dementia and is supported by the HSE. –

The first get together takes place in The Glasshouse, Sligo on the 13th February 3pm – 4pm and the 2nd Thursday of every month thereafter. It will be a relaxing hour of singing some of the old classics and a cuppa. For further information please contact Audrey 087 950 96 92 or audreymcg@hotmail.com

Sixth Sunday in Ordinary Time—February 16th, 2020

Prayer: That the Holy Spirit who scrutinises everything, will assist all those discerning a vocation to the priesthood, diaconate, consecrated life and married life in discovering the truth of God's call. Lord Hear Us.

Thought for the Week on Vocation: I believe, without question, that Jesus Christ continues to call people to priesthood. The difficulty is that, with all the other distractions there are in modern life, relatively few people seem able to hear His call. The question then – and it is a question for all of us, not just for the Bishop – is this: “how can we, as individuals and as a community, create spaces for listening? How can we cooperate with the intention of Jesus, that we would have enough priests in the future, so that we can continue to draw life from the Eucharist and the other sacraments?” (*Bishop Kevin, Some Definite Service, Pastoral Letter on Discipleship and Mission in Changing Times, 2019*)

First Holy Communion

A meeting of the parents of children preparing for First Holy Communion will be held in Scoil Naomh Molaise on Feb 24th at 8pm in order to organise preparations for first Holy Communion.

24 Hour Monthly Eucharistic Adoration – Cliffoney Church, every 3rd Wednesday, Wed 7pm-Thur 7pm

Thanks to all who come to adore. From 12-6pm on Thur afternoon we need people to fill these hours. If you would like to help, contact Gerard 087 2433684 or Patricia 087 9905637.

Pilates Classes – Grange Hall, Tuesdays, 10am. Info <http://fitbod.ie/pilates/>