

- Exposition of The Blessed Sacrament returns every Thursday evening to Grange Church from 7 – 10pm – observing all COVID-19 regulations.
- Exposition of The Blessed Sacrament returns every Wednesday evening to Cliffoney Church from 7–9pm – observing all COVID-19 regulations.
- 24hr Eucharistic Adoration every 3<sup>rd</sup> Wed + Thur of the month in Cliffoney Church

#### Alzheimer's Memory Walk – Virtual Event

During World Alzheimer's month on Sunday, September 20th we are asking you to join us for our first virtual Alzheimer's Memory Walk event. This September was due to be our first Alzheimer's Memory Walk with events taking place across Ireland. But, in line with government restrictions and Covid19 precautions, we've launched our 2020 campaign as virtual walk event! Going virtual will provide a wonderful opportunity for everyone to 'Walk Together', while staying apart, to help raise much needed funds for people living with dementia in their communities all across Ireland. There are over 500,000 families affected by dementia in Ireland and we wanted to hold an event that was accessible to everyone, from granny and grandchildren to our four legged friends. [All details at www.alzheimer.ie](http://www.alzheimer.ie)

#### Back to Work Restart Programme for Women - Sligo

Are you looking to get back to work? Our **\*\*FREE REstart Programme in Sligo\*\*** could be for you. This is a Back-to-Work programme for women over 35 who have been out of the workforce for 3 years or more. Build your confidence, re-discover your strengths and abilities, practice interview skills, prepare your CV and learn how to job search effectively. In this exciting program you will be guided through a series of training workshops and 1-1 coaching sessions. Please contact Brenda Donagher 0876858550 [www.ruralenterpriseskillnet.ie](http://www.ruralenterpriseskillnet.ie) for more information, dates and to book. See also <https://www.ruralenterpriseskillnet.ie/training/restart-a-programme-for-women/> Location: CMD Training Institute, Collooney, Co Sligo

#### Staycation

**Raughley** is always a lovely peninsula to visit and has an easy circular walk. Recently, I took the time to explore the extra loop you can walk and brings you to the "punchbowl" – a local title for a wonderful geographic feature which can only be seen by walking this loop. Congrats to all concerned – a great addition for tourists + natives alike.

The "Devil's Chimney" walk, right next to Glencar Waterfall which has obviously been there since time began, I was only introduced to last year by my USA relatives – great wee place to visit when taking in Glencar.

#### Affordable Live-in Homecare

Affordable Live-in Homecare provides live-in carers for the elderly in your area. If you are looking for a live-in carer for your relative, please call Eileen or Tom today on 087 9916791 or 087 7440729. Our website is [www.alhomecare.ie](http://www.alhomecare.ie)

#### Spanish Armada Festival on live: Lectures + Interviews on 18/19<sup>th</sup> September

18<sup>th</sup> Sept – Film Premiere in English + the making of the Armada film

19<sup>th</sup> Sept – Film Premiere in Castellano + The Spanish Armada Dive & Recovery Mission of 1985.

For more details visit <https://www.spanisharmadaireland.com/event>

#### ST. Molaise Gaels - GAA

Congratulations to our Minor Boys who secured a 2<sup>nd</sup> A Championship title for the Club in 3 years following last Wednesday's thrilling win over Ballymote/Bunninaden. Best of luck to the U12 Girls, U12 Hurlers and Minor Girls in semi final and final action in the week ahead and our intermediate men who play Curry in the Championship final in Markievicz Park next Sunday. That game will be streamed live on the Sligo GAA Facebook Account. Good luck to the neighbours Drumcliffe/Rosses point for the senior final against Tourlestrane also on Sunday next.

Its wonderful to see the return of green grass to the "holy ground" – sign at hope – Well done, keep going – the final finish is nearly upon us.

## *Parish of Ahamlish and Inishmurray* *Grange ♦ Cliffoney ♦ Mullaghmore*



Rev. Christy McHugh

Tel: 071 9163100

Web address: [www.ahamlish.com](http://www.ahamlish.com) Email: [ahamlishparish@gmail.com](mailto:ahamlishparish@gmail.com)

Postal Address: Parochial House, Grange, Co. Sligo. F91 HR26

Issue 190, Saturday 12<sup>th</sup> September 2020

## *24<sup>th</sup> Sunday in Ordinary Time*

*“Forgiveness...Not seven times...  
but seventy-seven times”*



*Visit us on [ahamlish.com](http://ahamlish.com)*

*&*

*Ahamlish Parish Sligo Facebook Page.*

*Join us every Sunday at 12 noon for Mass through our FB Page*



| <b>Masses Cliffoey</b>         |         |   |
|--------------------------------|---------|---|
| Sun 13 <sup>th</sup> Sept      | 10.30am | Celine Connolly, Castlegal (1 <sup>st</sup> Anniversary)<br>Damien Golden (4 <sup>th</sup> Anniversary)<br>John Warnock |
|                                | 1.30pm  | Baptism x3  |
| Mon – Thur                     |         | Diocesan Annual Retreat   |
| Fri 18 <sup>th</sup> Sept      | 7pm     | Jimmy + Molly McGloin + Helen McMahan   |
| Sun 20 <sup>th</sup> Sept      | 10.30am | Anna Quinn (10 <sup>th</sup> Anniversary)   |
| <b>Sunday Collection: €464</b> |         | <b>Diocesan Needs: €170</b>   |

#### **First Communions**

First Holy Communion for SN Molaise, Grange + Carns NS at the Church of Mary Immaculate, Grange on 19<sup>th</sup> Sept at 11am

Please note the directives around this on elphin.ie

First Holy Communion for Cliffoey NS + Castlegal NS at St. Molaise Church, Cliffoey on 3<sup>rd</sup> Oct at 11am

#### **The Night Before Distance Learning**

T'was the night before distance learning and all through the town, everyone was thinking how will this go down. Students and parents and teachers all wonder, can I make this work? What if I blunder Passwords, logins- do I have it all ready? Easy now, take a breath, remember to steady. There will be blips, there will be unknowns, but we're in this together, you are NOT alone. One day at a time, this is not a race, a new journey for all, so please give GRACE. Grace to yourself and grace to each other; we will get through this, one way or another! Students want to LEARN and teachers want to TEACH, families need to work so it may be a reach. But patience and respect will guide us through this strange experience that is so new. I'll say it again (and many more times).

We'll work this out, things will be just fine.

Here we go folks, this could be a while; just remember to be KIND and of course, to SMILE.

#### **More medals for North Sligo AC**

Just as we thought it couldn't get any better when Christopher O'Donnell brought home gold and bronze from the Nationals last week, our Master athletes stepped up and delivered this weekend just gone. Huge congratulations to Eamonn McAndrew (native of Ballina but living in Carns for the last 15 years) who won gold in the men's over 40 National 5,000m. Another Eamon, this time Eamon Murphy, living in Cliffoey for over 10 years won a bronze medal for the club in the men's over 50 National 1,500m. These athletes have shown how a small running club with great attitude can leave its mark at national level. North Sligo AC training every Tuesday and Thursday night at the Sports Complex in Grange and is always on the look-out for new senior members (male and female) who want to run at any level from getting fit to competing. All are welcome. You can find further details on our FB page.

#### **2020 Hospice Coffee Morning Covid Style**

Kathleen Rooney will host her annual hospice coffee day on Thur 24<sup>th</sup> Sept from 9.30am - 7pm. Seating will be 2 metres apart, there will be tea + coffee to takeaway available for anyone who would like to just pop in to donate. As always there will be plenty of homemade goodies available. With the challenges covid has brought this year more than ever your support would be greatly appreciated.

#### **St. Vincent de Paul Society –**

St. Teresa's Conference is our local parish branch... we wish them all the best for their good work. To contact, phone 0871868490

| <b>Masses Grange</b>            |                |  |
|---------------------------------|----------------|--|
| Sat 12 <sup>th</sup> Sept       | 8pm            | Tom McDonald (5 <sup>th</sup> Anniversary), Munninane<br>Mollie O'Loughlin - Grange        |
| Sun 13 <sup>th</sup> Sept       | 12.00          | Tom Mc Cann (16 <sup>th</sup> Anniversary)<br>John Mc Cann (7 <sup>th</sup> Anniversary)   |
| Mon - Thur                      |                | Annual Diocesan Retreat  |
| Sat 19 <sup>th</sup> Sept       | 8pm            | First Holy Communion Masses - 10.30am, 12.30 + 2.30pm<br>Remembrance Mass for Hugh Brennan |
| Sun 20 <sup>th</sup> Sept       | 12.00          | Larry + Winnie Leyden, Kiltykere   |
| ALTAR SOCIETY                   | <b>August:</b> | Christina McGarry, June Woulfe, Eileen McGowan, Una Brennan                                |
| <b>Sunday Collection: € 735</b> |                | <b>Diocesan Needs: €110</b>  |

**Holy Communion will be given into your hand, solely.**

**Volunteers required for cleaning + stewarding during/ after Masses. Contact Fr. Christy – 0877986602.**

#### **Returning to Church - Opened**

Dear parishioner, assigned seating in church, please sit there and nowhere else.

#### **National Grandparents Pilgrimage to Knock**

Sunday 13 September at 3pm from Knock Basilica. This year due to covid-19 restrictions, the grandparents pilgrimage will be streamed online. We invite grandparents and their families everywhere to join us online at [www.knockshrine.ie/watch](http://www.knockshrine.ie/watch) Further details are available at [www.knockshrine.ie](http://www.knockshrine.ie)

#### **24<sup>th</sup> Sunday In Ordinary Time**

**Prayer:** For all those chosen to take up their cross in union with Christ as a priest, deacon or in the consecrated life that others might have eternal life, Lord Hear Us.

**Thought:** "See your vocation as a God given path to holiness" – Hubert Von Zeller

#### **The Season of Creation**

In keeping with the spirit of his letter Laudato Si, on the care of the earth, Pope Francis established September 1st as an annual World Day of Prayer for the Care of Creation. The Season of Creation or Creation Time, is marked throughout the Christian world from 1 September to 4 October (Feast of St. Francis of Assisi) and celebrates the joy of creation as well as encouraging awareness-raising initiatives to protect the natural environment. Resources are available on:

<https://www.elphindiocese.ie/the-season-of-creation/>

#### **Legion of Mary Praesidium**

Legion of Mary Praesidium in our parish continue to work + pray together every week. If you would like to join, ph: Francis 0872360532/ join them on Facebook for Rosary "LOM Grange"

**The words of our Noble Laureate, Seamus Heaney in regard to the Troubles. 1972 are also appropriate for the times we live in "If we winter this one out, we can summer anywhere."**

#### **Notice about Covid-19 By Bishop Kevin**

Please sanitise your hands as you enter and exit the church. We encourage you to wear a face covering and keep 2 metres apart from anyone who is not from your household. If you have any symptoms of Covid-19, please stay at home and follow Mass online or parish radio. Stay safe and keep each other safe.

**For Sale at Cliffoey Hall – 70 chairs. For details phone Ann: 0876463473**

#### **Culture Night 2020**

Sinead Sexton, Mt. Edward, Grange, Performance Artist + Theatre Practitioner has been appointed as County Sligo Ambassador for Cultural Night 2020. For more info see [cairdefestival.com](http://cairdefestival.com)