

Alpha for Youth & Young Adults

Elphin Youth Ministry with Elphin NET Team will host 2 separate Alpha Courses on line via Zoom. For Youth aged 16 & 17 the Alpha Course will be on Wednesday evenings from 7:30pm to 8:30 pm beginning on Wednesday 10th of February for 9 weeks (taking a two week break for Easter). For Young Adults aged 18 to 25 the Alpha Course will be on Thursday evenings from 7:30pm to 8:30 pm beginning on Thursday 11th of February for 9 weeks (taking a two week break for Easter). To register please email Frank McGuinness, Director of Youth & Young Adult Ministry on frank.mcguinness@elphindiocese.ie or visit www.elphindiocese.ie/alphayouth for more details. Those wishing to participate in the Alpha Course for 16 & 17 year olds will need to complete a parental/guardian consent form.

CANA At Home

Free on-line couple retreat hosted by CANA Ireland. CANA Ireland has been serving couples and marriage in Ireland since 2012. In order to continue to serve couples during this challenging time we are providing a free online retreat via our You Tube Channel CANA Journey. This retreat will happen fortnightly from 29th January for 6 Broadcasts. www.canaireland.org

COVID-19 Support Line for Older People

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm by calling **0818 222 024**.

Online Prayer and Talks for Young People

Join the Youth 2000 Lockdown sessions at 7.30pm on Monday, Wednesday and Fridays. Monday – Youth 2000 bring you ‘workshops’. These are talks and lectures with a time for Q&A on the topics you request. Come along, listen in, join in, it is your chance to join a group of other young people interested in learning more about Catholicism and Jesus. Wednesday – Join our online prayer group. It is led by young people from around Ireland each week and has music, lead prayer and most importantly live Adoration of Our Lord! Friday – Join the Youth 2000 Quiz – General knowledge, music, picture rounds, join for the fun, the craic and banter, also good to bring tea/coffee! To join any of these events send an email to Emma at office@youth2000.ie with the tagline “I’d like to join!”. www.youth2000.ie

Weaving the Tapestry of Death and New Life - Lenten and Easter Scripture Based Opportunity. Details available @ www.elphindiocese.ie/lent-easter. All welcome.

Lenten Reflection Podcasts for Busy People. See Fr. Niall Ahern's reflections @ www.elphindiocese.ie/reflections

Lenten Way of Gentleness, Mondays 8 - 9 pm, www.churchservices.tv/strandhill All welcome.

Caring for our Common Home: Coming together with *Laudato Si*

Continuing our series with presenter Ms Jane Mellett, *Laudato Si* Officer, *Trócaire*.

4. Action: Getting down to Working for our Future. February 23rd

This second pair of evenings will explore the science, the spirituality and some of the solutions. A short presentation will be followed by questions and a facilitated discussion. February 16th, 23rd, 7.30 – 8.30pm via Zoom. Booking info@galilee.ie Co-hosted by the Galilee Spirituality Centre, Pastoral & Faith Development Services (Diocese of Elphin) and *Trócaire*. For the remainder of our spring and Lent programme, and news of Sr Joan Chittister’s (online) visit to Galilee in May, please visit www.galilee.ie.

Trócaire Lenten Campaign

Trócaire’s Lenten campaign for 2021 tells the stories of two families in South Sudan whose lives have been impacted by conflict. Awut and Ajak are shining examples of resilience, friendship and solidarity. This Lent we hear not only about the enormous challenges they have faced, but also about how they support each other through these challenges. Please support the work of Trócaire this Lent by picking up a Trócaire box or donating online at www.trocaire.org

“Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.”

Helen Keller

Parish of Ahamlish and Inishmurray

Grange ♦ Cliffoney ♦ Mullaghmore

Rev. Christy McHugh

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Issue 213, Saturday 20th February 2021



First Sunday of Lent

*The time is fulfilled,
and the kingdom of God has come near;
Repent, and believe in the good news.*

Visit us on ahamlish.com

&

Ahamlish Parish Sligo Facebook Page.

Join us every Sunday 12noon for Mass through our FB Page.

Accord – Relationship Counselling

Accord is open for relationship counselling in these difficult times. Professional Counsellors are available to help explore any difficulties you may have in your relationship in a safe and friendly atmosphere. Please contact Ann at 087-6765425 for more information. All HSE guidelines observed for Counselling.

Pope's Intention (universal) for February 2021

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

Elphin Diocesan-wide Prayer Support Initiative for our world's 25 million+ refugees + 4.2million asylum seekers is under consideration. To find out more please visit: www.elphindiocese.ie/prayer4refugees

Thanks for your donations which I really appreciate at the difficult time for many people.
You can continue to give in the usual way or at ahamlish.com or by direct debit or by handing it in through the letter box, Parochial House, Grange.

Virtual Holy Hour

Elphin Youth Ministry with Elphin NET Team will host a Holy Hour every Tuesday evening which will be broadcast on Facebook live and Instagram. It can be accessed via any of the links below. Music, Prayer, Reflection, Healing and Blessing. Facebook Live: <https://www.facebook.com/elphindiocese/live> Instagram: [Instagram.com/elphinnetteam](https://www.instagram.com/elphinnetteam)

Vincent de Paul Society – Contact 087 186 8490

Vincent de Paul would appreciate if anyone would be willing to join their local branch as a volunteer + phone 0871868490.

Pope To Visit Syria & Iraq

Pope Francis urged Catholic charities before Christmas to continue supporting embattled Christian minorities in Syria and Iraq. He made the comment in a video message to participants in an online meeting sponsored by the Vatican's Dicastery for Promoting Integral Human Development on Dec 10th. "In particular," he said, "I remember the Christians forced to abandon the places where they were born and grew up, where their faith developed and was enriched. We must ensure that the Christian presence in these lands continues to be what it has always been: a sign of peace, progress, development and reconciliation between persons and peoples."

The online meeting brought together representatives of 50 Catholic charities and other Church bodies present in Syria, Iraq and neighboring countries. The Vatican announced at the meeting that Pope Francis intends to visit Iraq from March 5th - 8th 2021. The four-day trip is expected to include stops in Baghdad, Erbil and Mosul.

According to UNHCR, the UN Refugee Agency, more than 5.6 million people have left Syria since 2011, seeking refuge in Lebanon, Turkey, Jordan and elsewhere. More than 260,000 Iraqis have fled their country and more than three million have been displaced internally since 2014.

Rite of Christian Initiation of Adults

Welcome to Rianne on her enrolment this Sunday as part of our RCIA programme. We welcome Rianne officially this weekend as she prepares to enter the church community as an adult Christian through the Sacrament of Baptism which we hope to hold at Easter. Thank you to her family for their support.

Vatican Radio

Vatican Radio celebrates its 90th year on 12th Feb 2021. Pope Pius XI was really with it. The voice of the Pope and the interpretation of the gospel for our time, he felt needed to be heard everywhere by every means possible. The English translation work of Vatican news has continued now by so many means today – Vatican app.

Cliffoney Celtic FC

Congrats to **Cliffoney Celtic** who are moving to develop dressing rooms nearby their pitch in Cliffoney. It will be a welcome addition to sport facilities for the parish and surrounding areas. See Cliffoney Celtic FB page for more info.

Masses Grange

Sat 20 th Feb		Patsy O'Connor died 5 th Feb 2021
Sun 21 st Feb		First Sunday of Lent Padraig + Una Gilmartin (24 th + 3 rd Anniversary) and his parents Paddy + Agnes + sister Aggie + deceased of the Gilmartin Family Michael Gillespie Months Mind Shelagh Rhatigan Months Mind Attracta Boyle (6 th Anniversary) Tom Smyth, Shrarevagh (5 th Anniversary) Hugh Brennan (1 st Anniversary)
Mon 22 nd Feb		Feast of the Chair of St. Peter
Tue 23 rd Feb		Feast of St. Polycarp
Wed 24 th Feb		Private Intention
Thur 25 th Feb		Nan McNiff
Fri 26 th Feb		Fr. Jim Finan (died 11 th Feb 2021) + his sister Mary Stack, Kerry died 23 rd Jan 2021 formerly of the parish of Mullinabreena, Sligo
Sat 27 th Feb		Donors Intention
Sun 28 th Feb		2 nd Sunday of Lent Paddy + Agnes Watters, Cloonaghbawn Mary Kate Harrison (1 st Anniversary) Margaret Watters (5 th Anniversary) John Harrison (1 st Anniversary) Cathleen + Mickey McSharry, Derrylehan + his parents Brigid + Thomas John McPartland (92), Garrison Co. Fermanagh died 19 th Jan 2021 + his sister-in-law Margaret McManus (97) Garrison died 8 th Feb 2021

Grange Sunday Collection: € 495

Cliffoney Sunday Collection: €469

Please remember in your prayers:

Frances Barber (nee Monds) died 13th Feb, Carney House, Carney. Funeral took place at Drumcliffe Parish Church on 16th Feb with burial in adjoining cemetery. Our sympathy to Anne, Frank, Jill, Harold + Lorraine White, Cloyspara, Cliffoney.

John McPartland (92), died 19th Jan 2021 of Garrison, Co. Fermanagh. Our sympathy to his son Eamon, Garrison and Milk Harbour, Grange. Also Eamon's aunt **Margaret McManus (97)**, died 8th Feb 2021.

Bishop Kevin's Message for Lent – With Joyful Hope and Generous Hearts

"Perhaps, this year, the invitation to live Lent is an invitation to take up with a generous spirit the cross that we have been asked to carry. The cross comes in so many different shapes and sizes. That could be the challenge of minding the kids, while working from home. It could be the fact that you can't travel, that you can't go to the cinema or to the pub. It could be the separation from family and friends. Carrying the Cross with Christ, is not just about endurance, it is about sharing his attitude as we do it". Read the message in full at www.elphindiocese.ie

Springtime: A Prayer Guide for the Season of Lent

The restrictions in place because of Covid-19 mean that as a Christian Community we cannot gather for our usual religious services. This situation challenges us to find new ways of reflecting on our faith and praying in our homes as the "Domestic Church". It is hoped that this guide, prepared by the Diocese of Clonfert and the Diocese of Elphin, will assist you in doing just that. When we gather again in Church, let us not forget to enrich our spiritual lives by continuing to pray at home. Download the Lenten Prayer Guide at www.elphindiocese.ie

"Be the change that you wish to see in the world."

Mahatma Gandhi