

### Online Prayer and Talks for Young People

Join the Youth 2000 Lockdown sessions at 7.30pm on Monday, Wednesday and Fridays. Monday – Youth 2000 bring you ‘workshops’. These are talks and lectures with a time for Q&A on the topics you request. Come along, listen in, join in, it is your chance to join a group of other young people interested in learning more about Catholicism and Jesus. Wednesday – Join our online prayer group. It is led by young people from around Ireland each week and has music, lead prayer and most importantly live Adoration of Our Lord! Friday – Join the Youth 2000 Quiz – General knowledge, music, picture rounds, join for the fun, the craic and banter, also good to bring tea/coffee! To join any of these events send an email to Emma at [office@youth2000.ie](mailto:office@youth2000.ie) with the tagline ‘I’d like to join!’. [www.youth2000.ie](http://www.youth2000.ie)

**Weaving the Tapestry of Death and New Life** - Lenten and Easter Scripture Based Opportunity. Details available @ [www.elphindiocese.ie/lent-easter](http://www.elphindiocese.ie/lent-easter). All welcome.

**Lenten Reflection Podcasts** for Busy People. See Fr. Niall Ahern's reflections @ [www.elphindiocese.ie/reflections](http://www.elphindiocese.ie/reflections)

**Lenten Way of Gentleness**, Mondays 8 - 9 pm, [www.churchservices.tv/strandhill](http://www.churchservices.tv/strandhill) All welcome.

### Cliffoney NS Enrolment September 2021

Parents wishing to enrol their child for September 2021 can email the principal at [principalcliffoneyns@gmail.com](mailto:principalcliffoneyns@gmail.com) or can download an enrolment form from our school website [www.cliffoneyns.com](http://www.cliffoneyns.com)

**Affordable Live-in Homecare** provides live-in carers for the elderly in your area. If you are looking for a live-in carer for your relative, please call Eileen or Tom today on 087 9916791 or 087 7440729. Our website is [www.alhomecare.ie](http://www.alhomecare.ie)

### Cliffoney to Clifden Challenge: 4<sup>th</sup> April – 6<sup>th</sup> June (9 Weeks)

You can Walk, Jog, Run or Cycle the distance of 180 kilometers. You can register now via the Club's Facebook Page or the Online Platform organised by My Run Results. People who register will automatically be entered into a free draw with 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & 4<sup>th</sup> prizes.

<https://www.facebook.com/cliffoney.celtic>

<https://www.myrunresults.com/events/cliffoney%20to%20clifden%20180km%20challenge/4075/details>

Badges will be given for reaching each of the 8 stages; 1) Cliffoney to Sligo, 2) Tubbercurry, 3) Charlestown, 4) Bohola, 5) Castlebar, 6) Leenaun, 7) Letterfrack and 8) Clifden. You can also order Club Merchandise (e.g. Club t-shirts, hats and medals):

Available through My Run Results who handle orders directly. Registration Fees: Individual €20, Couple €30, U16s €10, Family €40. All debit and credit cards accepted. In aid of Cliffoney Celtic FC's Development Project for new dressing rooms.

### A Celtic Lenten Journey - Harp, Voice and Violin

We, Vox Hiberniae, are a group of musicians from parishes in the Archdiocese of Dublin and have prepared the following reflection in conjunction with the Avila Carmelite Centre in Donnybrook. "A Celtic Lenten Journey - Harp, Voice and Violin" reflects in Word and in song on the Passion of Jesus. It can be viewed from the following link - you and your parishioners might like it for a reflective hour this Lent, if you feel it might be beneficial we would be grateful if you would share the link <https://www.youtube.com/watch?v=cGiFqCswp90>

### "None of us are safe until all are safe"

The most crucial and true statement about the Covid-19 and vaccine situation by Dr Mike Ryan, WHO, Curry, Co. Sligo who accepted the Romero Aware from Trócaire recently. "He continues – "Covid-19 does not discriminate. We too, cannot, must not, discriminate in our fight against this Pandemic. Unity, not singularity, defeats pandemics. Richer countries do not need to share all of their vaccines. They need to share just some of their vaccines so that the most vulnerable would have access.

### Bringing Holy Week Home – A Palm Sunday to Easter Sunday Companion

Again this year, our celebrations for Holy Week will be very different due to the restrictions in place because of the Covid-19 Pandemic. As a Christian Community we cannot gather together for our usual religious services. This will not prevent us from uniting spiritually and taking time to pray, to reflect and to make this Holy Week a truly enriching experience of the presence of God in our lives. We are blessed that many of the traditional ceremonies associated with Holy Week will be livestreamed over the internet or broadcast on radio or television. While recognising that this cannot fully substitute for being present at the ceremony, this Holy Week at Home Companion is designed to help deepen your participation in those broadcasts and to assist you in getting the most out of them spiritually. It is available to download on [www.elphindiocese.ie](http://www.elphindiocese.ie)

### Pope Francis' Prayer To Our Lady During Difficult Times

O Mary, you always shine on our path as a sign of salvation and of hope.

We entrust ourselves to you, Health of the Sick, who at the cross took part in Jesus' pain,

Keeping your faith firm. You, Salvation of the Roman People, know what we need,

And we are sure you will provide so that, as in Cana of Galilee, we may return to joy and to feasting after this time of trial. Help us, Mother of Divine Love, to conform to the will of the Father and to do as we are told by Jesus, who has taken upon himself our sufferings and carried our sorrows to lead us, through the cross, to the joy of the resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin.

# Parish of Ahamlish and Inishmurray

Grange ♦ Cliffoney ♦ Mullaghmore

Rev. Christy McHugh

Tel: 071 9163100

Web address: [www.ahamlish.com](http://www.ahamlish.com) Email: [ahamlishparish@gmail.com](mailto:ahamlishparish@gmail.com)

Postal Address: Parochial House, Grange, Co. Sligo. F91 HR26

Issue 218, Saturday 27<sup>th</sup> February 2021



## Holy Week Palm Sunday

*The way of the Lord seen in the crucifix, the way of unselfishness, the rejection of power and fame. Jesus invites us to walk on this path.*

*Visit us on [ahamlish.com](http://ahamlish.com)*

&

*Ahamlish Parish Sligo Facebook Page.*

*Join us every Sunday 12noon for Mass through our FB Page.*

**Pope's Intention (universal) for April 2021**

We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.

**Confession Ceremony on FB on Monday evening March 29<sup>th</sup> at 7pm. All welcome to join us on FB**

**THE YEAR OF ST. JOSEPH PRAYER**

Pope Francis has never made any secret of his devotion to St. Joseph. He inaugurated his pontificate on St. Joseph's feast. In his homily, he spoke of St. Joseph's role as protector and reminded us that we are all called to be protectors of creation, "protectors of God's plan inscribed in nature, protectors of creation, "protectors of God's plan inscribed in nature, protectors of one another and of the environment. "One of his first official acts was to approve a proposal his predecessor had not been able to ratify, namely to include the name of St. Joseph in all the Eucharistic Prayers of the Mass and not simply in the first (the traditional Roman Canon), where it had been inserted in 1962 by another papal lover of St. Joseph, Pope St. John XXIII. A curious, and usually unnoticed, feature on Francis' papal coat of arms is the symbol of the spikenard, an ancient fragrant plant mentioned in the Bible. This has been identified as the flower that often appears in representations of St. Joseph. On another occasion, Pope Francis told visitors how he kept a sleeping St. Joseph figure on his desk and slipped requests for prayer under it, confident that St. Joseph would think about it while he slept. He joked that, like a good carpenter, Joseph might keep you waiting, but you could be sure he would do a good job when he got around to it! In a footnote to the apostolic letter instituting this special year in honour of St. Joseph, he reveals another of his devotions to the saint. "Every day, for over 40 years, following Lauds I have recited a prayer to Saint Joseph taken from a 19<sup>th</sup> century French prayer book... It expresses devotion and trust and even poses a certain challenge to Saint Joseph: '*Glorious Patriarch Saint Joseph, whose power makes the impossible possible, come to my aid in these times of anguish and difficulty. Take under your protection the serious and troubling situations that I commend to you, that they may have a happy outcome. My beloved father, all my trust is in you. Let it not be said that I invoked you in vain, and since you can do everything with Jesus and Mary, show me that your goodness is as great as your power. Amen*'"

**Scripture Commentary**

Today Christians celebrate Passion, or Palm Sunday. "Christ entered in triumph into his own city to complete his work as our Messiah: to suffer, to die, and to rise again" (Procession Rite). The triumphal entry celebrated at the beginning of the passion-week, emphasizes that the three elements: suffering death and resurrection belong together. Jesus' death was not a defeat. It was a victory. It is the genuine insight of Christianity that the events of Jesus' earthly life were the execution of God's saving purpose. This genuine insight should be ours also concerning our own lives, when suffering strikes us.

**Reading I**

This reading is taken from the third song of the Servant of Yahweh. As mentioned at the feast of the Baptism of our Lord, it is not clear whom the inspired writer had in mind when he composed these four songs, describing the ideal Servant (Son) of God. Is he a collective person: Israel, God's people? Is he a king of the past or the Messiah (anointed king) to come? In any case, the Christian community applied these hymns very early to Jesus and they are used throughout Holy Week as a beautiful commentary on the passion narratives. Indeed, "the Son of Man [Jesus] came not to be served but to serve, and to give his life for the ransom of many" (Mt 20, 28). Read the Responsorial Psalm meditatively applying it to the Lord Jesus dying on the cross.

**Reading II**

This text is actually a Christ hymn, sung in church. It beautifully describes our Lord's utmost humiliation which he suffered on the cross. By being obedient, he made up for our sinful disobedience. But this hymn sings also of Christ's exaltation by the Father. Meditating on the Lord's suffering and death, as Christians do during Holy Week, we should keep both sides of the Christ event in mind. It is suffering-and-death which actually constitutes a passage to exaltation. Good Friday and Easter belong together even in our lives!

Thanks for your donations which I really appreciate at the difficult time for many people.

**You can continue to give in the usual way or at ahamlish.com or by direct debit or by handing it in through the letter box, Parochial House, Grange.**

**Palm Sunday marks the beginning of Holy Week, the high point of the Church Year. Pause for a few moments to become aware of God's presence and pray:**

Loving Father, with palm branches we recall when Jesus was welcomed by crowds into the city of Jerusalem. Bless us with your Spirit as we prepare to journey through Holy Week. May we find time to listen again to the story of the passion, death and resurrection of Jesus. There, may we discover the love of God, which knows no bounds. We bring with us our suffering and pain, our worry and loss and the suffering, pain, worry and loss of the whole world at this time. May we hear proclaimed this coming Easter Day that Jesus is risen! May we have our hope renewed in God who brings good out of bad and even life out of death. Amen.

Glory be to the Father ...

**Collect Palm in any of our churches, place the blessed Palm somewhere prominent in your home**

Masses Grange		
Sat 27 <sup>th</sup> Mar		
Sun 28 <sup>th</sup> Mar	12.00         1pm	<b>Holy Week Palm Sunday -</b> Holy Week begins on this Sunday with the Proclamation of the Passion/ the foretelling of Christ's regal triumph. This commemoration recalls the entrance of the Lord into Jerusalem. Palm branches are carried and blessed for this procession, the palms can be taken home, where they can remind us of Christ's victorious death. Jim Gillen (16 <sup>th</sup> Anniversary) Ann Healy Peggy Fitzpatrick (12 <sup>th</sup> Anniversary) Mary McGowan – Augharrow (21 <sup>st</sup> Anniversary) Sally Feeney, Aughagad (22 <sup>nd</sup> Anniversary) Baptism
Mon 29 <sup>th</sup> Mar	7pm on FB	<b>Sacrament of Reconciliation</b> Together as God's people we gather in spirit to recognize our sinfulness and throw ourselves on the mercy of God.
Wed 31 <sup>st</sup> Mar		Spy Wednesday – For Judas has left his mark on our calendars The pain of his betrayal is felt and 30 pieces of silver come before us as warning.
<b>The Easter Triduum</b> The most holy triduum of the crucified, buried and risen Lord		
Thur 1 <sup>st</sup> April	8pm	<b>Holy Thursday</b> With this Mass, the Last Supper, the church begins the sacred Easter Triduum. On this night he was betrayed and offered his body and blood to the father under the appearances of bread and wine, gave them to the apostles to eat and drink and then asked the apostles and the successors in the priesthood to offer them in turn. The Mass is also the memorial of the institution of the priesthood.
Fri 2 <sup>nd</sup> April	12.00 3pm	<b>Stations of the Cross</b> <b>Good Friday -</b> On this day, when Christ, our Passover was sacrificed, the church meditates on the passion of the Lord, venerates the Cross and the faithful, present and receive Holy Communion. Good Friday is a day of penance to be observed through abstinence and fasting.
Sat 3 <sup>rd</sup> April	8pm	<b>Holy Saturday -</b> The church is as it were at the Lord's tomb, meditating on his Passion and death, and on his descent to Hell, and awaiting his resurrection with prayer and fasting. This Great Vigil in which Jesus broke the chains of death and rose triumphant from the grave is the foundation of our faith. We light the Pascal candle, greeting it in joy as the symbol of resurrection. We listen to the great prophecies of the Messiah and renew our baptismal promises through water and words of Amen.
Sun 4 <sup>th</sup> April	12.00	Ger Francis (16 <sup>th</sup> Anniversary) Mai Cunnane Months Minds Mary Feeney (4 <sup>th</sup> Anniversary) Easter Sunday – Christ is risen, halleluiah, this is the ancient Christian greeting on this day of great joy and happiness for all.

**Threshold of Hope**

A unique online musical gathering with gifted and creative singer, facilitator and spiritual director Deirdre Ní Chinnéide coming from the Aran Islands into your own home. In these times, when the Covid-19 pandemic has radically disrupted our lives, Deirdre invites us to venture a few steps to cross a threshold of hope. Rooted in the Aran Islands and drawing on ancient Celtic culture, Deirdre's music soothes the soul and stirs the spirit to courageous new beginnings of hope and possibilities of light during this Holy Week. This free event will be live-streamed on Tuesday, March 30th at 8pm at [www.churchservices.tv/deirdrenichinneide](http://www.churchservices.tv/deirdrenichinneide)