



Everyone at North Sligo AC and everyone in North Sligo wish Christopher O'Donnell every success as he competes for Ireland at the World Championships in Oregon starting on Friday, 15th July. Christopher's competition schedule, subject to qualification, are as follows:

Day 1, 15 July, 11.45 PST 4x 400m Mixed Relay HEATS

Day 1, 15 July, 19.40 PST 4 x 400m Mixed Relay FINAL

Day 3, 17 July, 11.05 PST 400m Mens HEATS

Day 6, 20 July, 18.45 PST 400m Mens SEMI FINALS

Day 8, 22 July, 19.15 PST 400m Mens FINALS

Please note we are 8 hours ahead, 11.45 PST in USA is 19.45 IST here.

Coverage will be available on BBC One, BBC Two, BBC Three and BBC Four, including repeats of overnight action in the afternoons and highlights on BBC Two. Please follow North Sligo AC on Facebook for regular updates and links.

### Diocesan Pilgrimage to Lourdes

Elphin Diocesan Pilgrimage to Lourdes under the Leadership of the Bishop of Elphin, Bishop Kevin Doran. Details and booking forms are available from the parish office of St. Mary' Sligo on 071 91 62670. You can also book directly with JWT on 01 2410800 or download the booking form on [www.joewalshtours.ie](http://www.joewalshtours.ie)

### Reek Sunday

The annual Reek Sunday pilgrimage takes place on Sunday 31st July at Croagh Patrick. Confessions on the summit from 7:30am to 2:00pm. Mass will be celebrated hourly from 8:00am to 2.00pm. Beidh an Aifreann ag 10:00am as Gaeilge.

### Diocesan Pilgrimage to Knock

Bishop Kevin will lead the annual Elphin Diocesan Pilgrimage to Knock on Sunday 21st August, which takes place during the National Novena. Knock Shrine will be holding a Family Day on the same date with a variety of activities for families. Ceremonies in the Basilica begin with the Anointing of the Sick at 2.30pm and Mass at 3.00pm. Details about this year's Novena can be found at [www.knockshrine.ie](http://www.knockshrine.ie)

### North Sligo Agricultural Show Volunteers

North Sligo Agricultural Show are looking for volunteers to help on show day Saturday 30th July. Anyone interested please contact Martina Ward on 0877719742 or Kieran Woods on 0868926033.

## Parish of Ahamlish and Inishmurray

Grange • Cliffoney • Mullaghmore

**Fr. Christy McHugh**

Parochial House, Grange, Co. Sligo F91 HR26

**Tel:** 071 9163100 **Web:** [www.ahamlish.com](http://www.ahamlish.com) **Email:** [ahamlishparish@gmail.com](mailto:ahamlishparish@gmail.com)

**Facebook:** Ahamlish Parish Sligo

Sunday 17th July 2022

### Sixteenth Sunday in Ordinary Time



### Online Mass

Every Mass from Grange Church available on our Facebook Page

### Adoration

Every Wednesday, 7-9pm, Cliffoney Church

Every Thursday, 7-9pm, Grange Church

### Mullaghmore Masses

<b>Saturday 16th July</b>	6:30pm	Feast of Our Lady of Mount Carmel
<b>Saturday 23rd July</b>	6:30pm	Feast of St Bridget of Sweden

### Cliffoney Masses

<b>Sunday 17th July</b>	10:30am	Paddy Gallagher (8th Anniversary) Carmel & Brendan Lynn James, Annie Kate & John Gallagher Mary O'Connor & Thomas McGee (5th & 9th Anniversaries)
<b>Friday 22nd July</b>	10:00am	Enrollment Mass
<b>Sunday 24th July</b>	10:30am	17th Sunday

### Grange Masses

<b>Saturday 16th July</b>	8:00pm	John & Catherine Gilmartin and Denis Ryan PJ Gillen, Newgrange
<b>Sunday 17th July</b>	12 noon	Jimmy Quinn (Month's Mind) & brother-in-law MI O'Boyle
<b>Monday 18th July</b>	8:00pm	Fr Lottie Brennan (Month's Mind)
<b>Tuesday 19th July</b>	9:30am	
<b>Saturday 23rd July</b>	8:00pm	John Leonard (Month's Mind) Jim Costello, Grange
<b>Sunday 24th July</b>	12 noon	Martin & Dympna O'Dea Elizabeth & Richard Kilcoyne

Collection: €1165

Formation of Future Priests: €90

### Cemetery Masses

- Ahamlish: 31st July, 12 noon
- Kinlough: 31st July, 12:30pm
- Conwall: 31st July, 1:30pm
- Keellogues: 31st July, 2:30pm

### Please Remember in Your Prayers:

- Paul Kelly, Ballintrillick. Our sympathy to his parents Edmund & Roseleen, sister Rhona and brother Ronan. Funeral Mass took place at Ballintrillick Church on 13th July with burial in Keellogues Cemetery.
- Andrew Gibson, Moneygold. Died 13th July. Our sympathy to his brothers John & Liam; sisters Mary, Kathleen & Esther; sons Andrew, Gary & Michael; daughters Michelle & Amanda; grandchildren and extended family and friends. Funeral took place at St Molaise's Church, Cliffoney on Saturday with cremation following.

### Bundoran Classic Car Show

Will take place at West End Carpark on Sunday 17th July from 12 noon - 5pm.

### Youth Ministry Gap Year Opportunities in England

The Diocese of Lancaster are looking for members to join their team for the coming year at their retreat centre in the English Lake District. Applicants must be 18+ and interesting in developing their faith. The role involves working with young people on retreats and occasionally in schools and parishes. Pocket money, accommodation, meals and amenities are provided. Interested? Contact [jack@castleriggmanor.co.uk](mailto:jack@castleriggmanor.co.uk) or check out [castleriggmanor.com](http://castleriggmanor.com)

### Youth 2000 Summer Festival

Join over 1000 young people between 16 and 35 this August at the Youth 2000 Summer Festival. The festival takes place in Clongowes Wood College, Clane, Co Kildare from Thursday 11th August to Sunday 14th August 2022. For all frequently asked questions, online booking links and free bus information visit [www.youth2000.ie](http://www.youth2000.ie) .

### Tobernalt Holy Well – Garland Weekend Programme

The ceremonies at Tobernalt Holy Well return this year. The programme celebrates the organisation of the First Mass in 1921 and, as no Mass took place in 1922, we are honouring and remembering the Centenary this year. The programme will focus on the gift of the Mass and the invitation is to come and pray, reflecting on the Eucharist. Complimentary tea and coffee available after all Sunday Masses. Also, Century Candle available, based on the Holy Well, after all Masses.

Saturday 30th July:

- 6.30pm Confession
- 7.00pm Evening Mass – Keeping a Tradition

Sunday 31st July:

- 6.00am Dawn Mass – Remembering Penal Ireland
- 10.00am Morning Mass – Placing our Prayers
- 12 noon Mass – Come and Prayer