

THE PASSING OF TIME

As we move on in years we sometimes get surprising reminders of how quickly time passes. And very often we haven't noticed! We can be chatting to a friend about an event from the past and hazard a guess that maybe that must be three years ago now. And then our friend will point out that his really seven years, I can remember exactly where I was when it happened

Recently I was listening to a business programme on the radio where two young people were talking about their jobs. They sounded as if they were in their mid-thirties. Their most remarkable comment was that neither of their jobs actually existed when they completed secondary school.

So, time does move on and change is constant. Is there anything that we can hold on to? During the summer we had a reading at Mass where the writer had doubts. 'Vanity of vanities, all is vanity' was the refrain. The struggle of life wasn't worth the effort.

In truth, our faith, which is rooted in the Bible, encourages change. There is a Promised Land waiting for us in the future and to reach it we must constantly re-evaluate and change our lives where necessary.

Nevertheless, hand in hand with that is the advice to look at the past. There is constant encouragement to remember the great events and people that helped us get to where we are now. The important feasts were established to keep that memory alive. The young child would ask 'what are we celebrating...?'

Our own tradition of remembering our dead in this month of November links us with so many. Some dear one may have passed away twenty years ago and yet it feels like last week. We are mourning someone who died recently, and we wonder will we ever get over the pain. This month helps us keep the connection with those gone before us. The river of life is deeper than what we can see.

May they be at peace with God as we follow in their shadow.

Fr Séan Deegan is editor of St Patrick's Missionary Society Magazine

The National Meals on Wheels Network Conference

The National Meals on Wheels Network is holding its free conference on 25th November 2022 in the Athlone Springs Hotel, Athlone Co. Roscommon from 11am – 4pm. As well as meals on wheels providers this free event should be attended by any community and voluntary groups involved in support for their older community members. Further information contact Tracey Noone at 090 6482744 or email tracey@mealson-wheelsnetwork.ie

Time-out with Our Lady Adult Retreat Day

Taking place in Donamon Castle on Thursday 8th December, 11:00am - 4:00pm. More details @ www.elphindiocese.ie/our-lady 40 places. All welcome. Pre-booking encouraged.

Parish of Ahamlish and Inishmurray

Grange • Cliffoney • Mullaghmore

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Sunday 20th November 2022

Christ the King



Online Mass

Every Mass from Grange Church available on our Facebook Page

Adoration

Every Wednesday, 7-9pm, Cliffoney Church

Every Thursday, 7-9pm, Grange Church

Mullaghmore Masses

Saturday 19th November	6:30pm	Deceased of the Kenny Family
Saturday 26th November	6:30pm	Remembrance of those who died in 2022

Cliffoney Masses

Sunday 20th November	10:30am	Feast of Christ the King
Friday 15th November	10:00am	Feast of St Catherine of Alexandria and St Colman
Sunday 27th November	10:30am	Remembrance of those who died in 2022 Danny Warnock (19th Anniversary)

Collection: €762 Sick and Retired Priest: €20

Grange Masses

Saturday 19th November	8:00pm	Charlie Lafferty Janet Duffill
Sunday 20th November	12 noon	Feast of Christ the King Danny O'Connor
Monday 21st November	9:30am	Deceased of the Coyne & McCann Families
Tuesday 22nd November	9:30am	May & James Kilfeather
Wednesday 23rd November	9:30am	Feast of St Columban
Thursday 24th November	9:30am	Thanksgiving
Saturday 26th November	1:00pm	Wedding: Elaine & Brendan
	8:00pm	Remembrance of those who died in 2022 Rose Ellie & Amanda Evans Patrick & Elizabeth Gallagher Jim & Sarah Boyle Padraig & Una Gilmartin and deceased of the Gilmartin family and Mike Morley (died 18th June, USA)
Sunday 27th November	12 noon	
	2:00pm	Baptism: Katie

Collection: €1060

Prayers at the Graveyard

- Drumcliffe Sunday 20th November 3:00pm
- Ahamlish Sunday 27th November 1:00pm

Please Remember in Your Prayers:

- Georgina Browne, Court House Drive, Grange. Died 12th November. Our sympathy to her partner Efrain, brother Bruce, cousins and friends. Reposing at Church of Ireland Munninane on Saturday with Service at 2:00pm with burial in Rathcor-mac Cemetery.

'Boatman for Mountbatten' Book Launch

Written by Michael O'Connor. Launch will take place in Pier Head Hotel, Mullaghmore on Saturday 26th November at 8:00pm. All Welcome.

Naomh Molaise Gaels GAA Healthy Club

Invites you to Mental Health Ireland Workshop-Five Ways to Wellbeing. This workshop will focus on simple actions to practice each day to maintain or improve your mental health and wellbeing. Date: 23rd Nov Time: 7.30pm-9.30pm, Venue: Naomh Molaise Gaels GAA Clubhouse, Cost: Free. To book please contact Joanne at 0877607540.

Remembrance Service for Children, Infants and Pregnancy Loss

Monday 21st November at 8.00pm in St Anne's Church, Sligo (side chapel), followed by refreshments. All are most welcome.

Cliffoney Community Alert Meeting

In conjunction with Muintir na Tire and An Garda Siochána. Cliffoney Hall Tuesday 22nd November 2022 @ 8pm. All welcome.

Shine A Light for Hospice

The Tree Lighting ceremony for Let Love Shine a light will take place on Sunday 27th November at 6pm in Knock following the Memorial walk at 5pm. You can sponsor a light now for a friend or family, living or deceased, in local pharmacies, Hospice shops, Knock Shrine and online at www.hospice.ie

BCCE Comhaltas

Monthly Session will take place on Sunday 20th November at Moran's Bar, Grange. Beginners 3:00pm - 4:00pm, Advanced 4:00pm - 5:00pm. See benbulben.cce@gmail.com.

Grange, St. Teresa's Conference of St. Vincent de Paul

Are you finding it difficult to manage? Don't struggle in silence. We are here to help everyone in need. Our service is strictly confidential. Contact your local St. Vincent de Paul on 087 186 8490.