

Pope's Intention for February - We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Pope Francis Tweet - "Through the Desert God Leads us to Freedom" is the theme of the message for the upcoming Season of Lent. Let us make room for God, who delivers us from all forms of slavery. May we welcome Lent as an opportunity for conversion.

Pre-Loved Fashion Show - Clothes that have been left over from the Fashion Show will go on sale on **Sunday 5th February from 11am – 3pm** in Cliffoney Hall.

Star of the Sea Women's Retreat – An opportunity to discover and encounter the infinite love of the Father as he reveals His heart to you. Explore your identity as daughter. Receive healing through the Eucharist. Hear God's voice and explore how he is calling you in your unique mission. Time for renewal and rest.

Friday 9th Feb 5pm – Sunday 11th Feb 3pm. Finishing with lunch @ 2pm on Sunday

Tel: 086-2591049

e-mail: staroftheseacentre@gmail.com

Local Lenten Scripture Sharing Group forming for 6 meetings. Group will meet in **Leonard's, Aughagad, F91 EH04** for 6 weeks beginning **Monday 12th Feb – 18th March 7 – 8.30pm**. Group will draw on riches of 2nd half of St. Mark's Gospel, through times of reading, conversation & shared prayer. Resources provided. More info @ www.elphindiocese.ie/mark2. All welcome on a come-and-see basis.

St. Vincent De Paul Volunteers – we are here if you need us. All calls are confidential. St. Teresa's Conference Grange. Contact: 087 186 8490

Cliffoney Hall host every Tuesday, Wednesday and Thursday from 11 to 2 all people who wish to come for social tea/coffee, lunch etc. Apply to Tracy / Louise for details 086 085 4493 Sligo Leader / HSE

WORK FOR THE LORD – The Legion of Mary has as its objective the sanctification of its members and then to reach out to everyone in faith. If you would like to enter into Our Lady's service, why not consider becoming a member? There is a branch present here in Grange. - **Meeting day:** Thursday **Venue:** Parochial House Grange. **Time:** 7pm

Post Office Newly Adjusted Opening Hours	
Monday	9:00am - 12:30pm 1:00pm - 5:30pm
Tuesday	9:00am - 12:30pm 1:00pm - 5:30pm
Wednesday	9:00am - 12:30pm 1:00pm - 5:30pm
Thursday	9:00am - 12:30pm 1:00pm - 5:30pm
Friday	9:00am - 12:30pm 1:00pm - 5:30pm
Saturday	9:00am - 1:00pm
Customer Service 01 705 7600 www.anpost.com	

Our Lady of Lourdes - patroness of the sick:

Our Lady of Lourdes is a title of the Blessed Virgin Mary recalling her apparitions in 1858 in the grotto at Lourdes, France to Saint Bernadette Soubirous, a fourteen-year-old peasant girl. Our Lady instructed Bernadette to dig in the ground nearby, from which came a spring with healing properties, active to this day.

The whole message of Lourdes is contained in this gesture of the Virgin! God has so loved us that he gave himself up for us: This is the message of the Cross, "mystery of death and of glory." The cross reminds us that there is no true love without suffering, there is no gift of life without pain.

"If one dream should fall and break into a thousand pieces... never be afraid to pick one of those pieces up and begin again. That's the beauty of being alive... We can always start all over again. Enjoy God's amazing opportunities bestowed on us. Have faith in Him always". ~St Bernadette

Parish of Ahamlish and Inishmurray

Grange ✠ Cliffoney ✠ Mullaghmore

Fr. Christy McHugh

Parochial House, Grange, Co. Sligo F91 HR26

Tel: 071 9163100

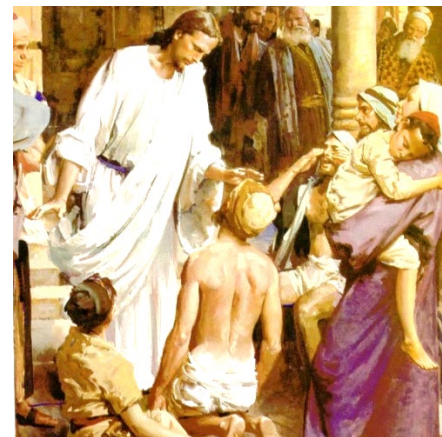
Web: www.ahamlish.com

Email: ahamlishparish@gmail.com

Facebook: Ahamlish Parish Sligo

Sunday 04th February 2024

5th Sunday in Ordinary Time – Year B



Online Mass

Every Mass from Grange Church available on our Facebook Page

Adoration

Every Thursday, 7-9pm, Grange Church

Every Wednesday, 7-9pm Cliffoney Church

Mullaghmore Masses

Saturday 03 rd February	10:30am	Holy Rosary
Saturday 03 rd February	6:30pm	Vigil of 5 th Sunday in Ordinary Time Feast of St Blaise Jeanne Parvin , Romsey, 1931-2023
Saturday 10 th February	6:30pm	Vigil of 6 th Sunday in Ordinary Time

Cliffoney Masses

Sunday 04 th February	10:30am	5 th Sunday in Ordinary Time Kathleen Oates (2 nd Anniv) Eddie Higgins (2 nd Anniv) Packie & Kathleen Harrison , (12 th & 21 st Anniv) Anna Lyon (9 th Aniv)
Saturday 10 th February	2:00pm	Baptism x 2
Sunday 11 th February	10:30am	6 th Sunday in Ordinary Time Feast of Our Lady of Lourdes
Collection €648		

Grange Masses

Saturday 03 rd February	11:00am	Funeral mass for Mairéad Kerins, Lyle
Saturday 03 rd February	8:00pm	Vigil of 5 th Sunday in Ordinary Time Feast of St Blaise Marian Carney (8 th Anniv) Dottie Schumacher , Arlington, Boston (2 nd Anniv)
Sunday 04 th February	12noon	5 th Sunday in Ordinary Time Anthony Lockhart (15 th Anniv) Marian Kennedy (1 st Anniv)
Friday 9 th February	9:30am	
Saturday 10 th February	8:00pm	6 th Sunday in Ordinary Time Maureen Caraway
Sunday 11 th February	12noon	John Pa Leonard (2 nd Anniv) Tommy Maguire
Collection €1415		

Sacrament of Confirmation will be held in Church of Mary Immaculate Grange on May 8th at 11am 2024 for children of the entire parish.

First Holy Communion will be celebrated on May 11th at 11am 2024 at Church of Mary Immaculate Grange.

First Holy Communion will be held in Cliffoney Church on May 18th at 11am 2024.

Cliffoney Church Rota for Eucharistic Ministers & Readers
is available in the Church Sacristy

Please Remember in your Prayers: Mairéad Kerins, Lyle, Grange, 9/8/1927, died 29th January 2024 at St Phelim's Nursing Home, Dromahaire. Predeceased by her parents Thomas and Margaret, brothers Tom, Sean and Donal, her sister Sr. Genieieve, her nephews Tom and Desmond. Our sympathy to her nephews Donal and Noel and nieces Jacinta, Patricia and Maura, relatives and neighbours. Funeral Mass took place on Feb 3rd at Grange Church, with burial in Ahamlish cemetery. (The last of a generation of Kerins at Lyle Bridge)

Seamus Leonard died at home on 29th Jan. Our sympathy to his wife Angela, daughter Amanda, sons David, Jason and Gavin, grandchildren and extended family. Funeral Mass took place in Grange Church on Jan 31st with burial in Rathcormac Cemetery.

Ronan O'Dowd, Dublin & Sligo, died 24th Jan unexpectedly at home. Our sympathy to his wife Claire, daughter Clodagh and family and brother Daithí Mullaghmore.

Elizabeth Duffy died 27th January in Scotland formally of Ceol na Mara Restaurant Mullaghmore. Predeceased by her husband William. Funeral will take place in Glasgow on 7th of February. Our Sympathy to her daughters Louise, Marie Claire, Lily sons Patrick and Richard, daughters in law, sons in law and grandchildren.

The Annual IHTPC Church Gate Collection takes place on Feb 3rd & 4th. The organisation brings children with special needs to Lourdes during Easter week from all over Ireland. So give if you can, it will be put to good use.

Medjugorje Youth Pilgrimage - 31st July – Aug 7th Ages 18-35
www.youth@elphindiocese.ie

Scoil Naomh Molaise - We will be accepting enrolment applications for September 2024 from 1st February 2024. Please visit www.molaise.com or contact office@molaise.com for an application form. ***All application forms must be returned to the school no later than 1st March 2024.***

Parents/Guardians of children starting school in September are invited to attend an **open evening** on Wednesday, 7th February 2024, from 5:30-6:30pm.

Scoil Naomh Mhuire Castlegal N.S. - is now taking enrolments for September 2024. Enrolment morning Tuesday 6th February 9.30-12noon, or phone 071 9166758

Cliffoney NS enrolment evening will be held in the School on Feb 13th 7 – 8pm

Bishop Kevin Doran Sligo has organised a three-day meeting regarding the future of the Diocese in Galway next week Tue – Thur. if need be, you can still contact me, but only in an emergency.

Feb 3rd Feast of St Blaise – a day we bless the throats with a blessing from St Blaise. Available after every mass that day.

Sum of Money found outside SuperValu – owner can apply to Fr. Christy.