

Sligo Social Services: We currently need Volunteers for our Friendly Call, Thrift Shop and our Open Access drop-in service. To volunteer please contact Beki at 071-9145682 or bekiboytcn@sligosocialservices.ie

Local Lenten Scripture Sharing Group forming for 6 meetings. Group will meet in **Parochial House Grange for 6 weeks beginning Monday 19th Feb – 25th March 7 – 8.30pm.** Enter by the Red Door. Group will draw on riches of 2nd half of St. Mark's Gospel, through times of reading, conversation & shared prayer. Resources provided. More info @ www.elphindiocese.ie/mark2. All welcome on a come-and-see basis.

Upcoming Referendums - "In a democracy that guarantees the freedom to vote, it is important that citizens cast their ballot on 8th March with matters of such importance at stake. As pastors, concerned for the common good as well as the moral and spiritual well-being of God's people, we offer these reflections in order to help inform the consciences of Christians and others who are concerned to preserve and foster the dignity and value of family life and motherhood". Read the full statement of the Irish Catholic Bishops on elphindiocese.ie

Saint Theresa's Conference, of St. Vincent de Paul Grange, wishes to sincerely thank all those who gave so generously to their Annual Collection. Your generosity in these difficult times is very much appreciated

Trócaire Lenten Campaign: This year, a Trócaire's Lenten campaign focuses on the country of Malawi, Africa. Malawi is one of the least developed countries in the world and has been badly affected by climate change. In the Machinga district, Malita and her family must make a one-hour trip up to five times a day to collect water. Please support Trócaire in helping communities develop sustainable access to clean, safe and reliable water supplies by taking home a Trócaire box today or going to www.trocaire.org

Medjugorje Youth Festival - The Diocese of Elphin invites young adults in the diocese aged 18-35 on pilgrimage to Medjugorje this summer for the Youth Festival from 31st July- 07th August, led by Bishop Kevin. The cost per person sharing is €650. For more information, detail of costs, registration form etc. or contact the Diocesan Office at 071-9150106 and youth@elphindiocese.ie please see the diocesan website on www.elphindiocese.ie/medjugorje

The Spiritans (Holy Ghost Fathers) Fr. David Conway C.S.Sp will spend the weekend of Mar 16th & 17th with us promoting and making us aware of their Mission in various parts of the world.

Star of the Sea Retreat and Conference Centre - Programme for 2024:

A full programme of events, retreats and courses is now available to browse on www.staroftheseacentre.com Events of interest include Retreat for Women and Men, Healing Retreats, Scripture and Bible Retreats and Courses; Six day Summer Preached Healing Retreats; Ignatius Silent Directed Retreat; Finding God in the Mass Retreat; Iconography Courses; Beginning Experience Courses; AA Retreats and much more. Queries - Frank or Louise – staroftheseacentre@gmail.com

Medjugorje Pilgrimage Sept 18th – 25th 2024 – Marian Pilgrimage, 01-878 8159. Leader Ann Keadin 086-3766 293. Spiritual Director Fr. Christy. Flights from Knock to Mostar (10 places left)

Grange Tidy Towns would like to thank everyone who contributed to and bought our 2024 Calendar. We are grateful for all the generous donations. The money we have raised from calendar sales will contribute to the upkeep of the village and your help is greatly appreciated by Grange Tidy Town Committee. We are holding an AGM on Tuesday the 5th March at 8pm in the Court House.

Parish of Ahamlish and Inishmurray

Grange ✠ Cliffoney ✠ Mullaghmore

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Sunday 03rd March 2024

Third Sunday of Lent– Year B



Online Mass

Every Mass from Grange Church available on our Facebook Page

Adoration

Every Thursday, 7-9pm, Grange Church
Every Wednesday, 7-9pm Cliffoney Church

Mullaghmore Masses

Saturday 02nd March	6:30pm	Vigil of Third Sunday of Lent
Saturday 09th March	6:30pm	Patrick Barry (38 th Anniv)
Every First Saturday	10:30am	Holy Rosary

Cliffoney Masses

Sunday 03rd March	10:30am	Third Sunday of Lent Michael Harrison Rose McGonigle
Friday 08th March	10:00am	Feast of St John of God Feast of St. Senan Enrolment Mass
Sunday 10th March	10:30am	Laetare Sunday Marie Golden (1 st Anniv) Ann Hoey , Months Mind Gordon McKinney , Months Mind Maeve Conway (3 rd Anniv)
Collection €660		

Grange Masses

Saturday 02nd March	8:00pm	Vigil of Third Sunday of Lent
Sunday 03rd March	12noon	Third Sunday of Lent Paddy and Agnes Watters , Cloonaghbaun William J and Margaret Kilgannon (48 th & 33 rd Anniv) – late of Grange and High St. Sligo. John P (Jackie) Gilmartin, NJ, USA
Monday 04th March	9:30am	For the People of the Parish
Tuesday 05th March	9:30am	Feast of St Kieran, (Kilkenny)
Wednesday 6th March	9:30am	Feast of St. Colette
Thursday 7th March	11:am	Feast of St. Perpetua & St. Felicity Maureen and John Brady Jim and Irene Oates
Saturday 9th March	2:00pm	Baptism
Saturday 9th March	8:00pm	Michael James Burns (2 nd Anniv)
Sunday 10th March	12noon	Aidan McGowan (8 th Anniv) Theresa and Paddy Farrell and son Mattie , Lyle and grandson Marcus and deceased of the Clancy and Farrell families
Collection €1190		
<i>“And then my heart with pleasure fills, and dances with the daffodils” W. Wordsworth</i> The Arrival of the daffodils certainly is always welcome. The beauty of Spring!		

The Monthly First Friday Call will be done on Thursday 7th & Friday 8th March

St. Patrick's Day Mass Cards are available in Grange PO, Supervalu and Gala Shop Cliffoney. *A whole new range of cards with 6 options.*

Please Remember in your prayers: Brendan Cussen, Dundrum Co. Tipperary, died 28th Feb. our sympathy to his family and son Eamon, Cliffoney. Funeral Mass celebrated on Mar 2nd at Knockavilla with burial in St. Senan's Cemetery.

The Family of Ann Hoey would like to thank everyone for cards, flowers and kind expressions of sympathy shown during and following her untimely death.

The support from far and wide was much appreciated and of great comfort to all the family. Ann's months mind is on the 10th of March at 10:30am in Cliffoney Church with refreshments afterwards in Cliffoney Hall. The mass can also be viewed on Ahamlish Parish Sligo Facebook.

Mothers Prayer Group – Sligo St Monica's Mothers' Prayer Group meet every Tuesday at 7pm in St Bernadette's Chapel, Rockwood Parade, Sligo. We pray for our children and grandchildren through the intercession of Our Lady Queen of Peace and St Monica. All Mothers Welcome. Further information from Carmel at 086-0678805.

Suggestions on What Should I give up for Lent?	
● Don't buy anything you don't need.	● Be silent for 30 minutes
● Throw away 40 things for 40 days.	● Fast on another day instead of just Fridays for lent.
● 40 days of home organisation.	● Arrive 15 minutes for Mass
● No gossiping.	● Stay after Mass to sanitize the church
● Work out daily to take care of the body God gave you.	● Search and learn about a saint each week of lent.
● Don't eat after dinner.	● Do Not complain or speak negatively.
● Say 3 nice things to your spouse and kids daily.	● Post only positive quotes on your social media.
● Don't eat out for 40 days.	● Stop worrying about tomorrow but focus on today
● Replace 30 mins of TV or screen time with devotion/prayer time.	● Volunteer in a ministry that you've always wanted to.
● Sit down and have a meal as a family or with someone.	● Pick one of the 4 Gospels and read a chapter each Sunday

Pioneer Association: Calling Pioneers and Friends to the **25th Pioneer National Ball**. An evening of celebration and fun on **Saturday April 6th 2024**. Mass at 6pm in the **Cathedral of Christ the King, Mullingar**, followed by special guest speaker, dinner, music and dancing at the **Annebrook House Hotel, Mullingar**. Extra activities on Friday night and Saturday and Sunday afternoons. For details/tickets contact Dermot Fagan **085-7201646** or Daisy Carey **087-6544626**.

The Way of Gentleness - A faith enrichment journey for Lent in St Patrick's Church, Strandhill at 8pm on Mondays 4th and 11th March. Online at churchservices.tv/strandhill

St Patrick's Day Concert in Sligo Cathedral on Sunday 17th March at 8pm. All welcome. Free Admission, bring a cushion.

Sligo Cathedral Parish Lenten Retreat for one day March 23rd from 11:30am - 4pm in the Gillooly Hall. Reserve a place 9162670. Confessions all day. Tea/Coffee supplied.

Bring your own lunch

Bishop Kevin's Pastoral Reflection for Lent: Bishop Kevin will offer a short Pastoral Message each Wednesday during Lent. They can be read on www.elphindiocese.ie

Sacrament of Confirmation will be held in Church of Mary Immaculate Grange on May 8th at 11am 2024 for children of the entire parish.

First Holy Communion will be celebrated on May 11th at 11am 2024 at Church of Mary Immaculate Grange.

First Holy Communion will be held in Cliffoney Church on May 18th at 11am 2024.