

Please say the prayer to St Molaise during Lent for

- Completion of the work on Inishmurray Island to allow access and that
- St Molaise Relics will be returned to Ahamlish Parish.

Lectures on the Creed for Lent: You are invited to a series of lectures on the Creed at the Dominican Friary Hall, Sligo on Monday evenings at 7.30pm, commencing 10th March. The lectures, delivered by Fr. Michael Dunleavy, OP, will explore the articles of the Creed as portrayed in masterpieces of art and masterworks of music and literature.

Pioneer Pledge for Lent Pope Francis has invited us this Lent to “journey in hope together. A short-term pledge is available via www.pioneerassociation.org for parishioners who wish to become a ‘*pilgrim of hope*’ for people who are living under the shadow of addiction.

We are being asked to reflect on how we are to be organized as a Parish in the future. How would you see this being done? Please reflect on the following questions and send replies to ahamlishparish@gmail.com or directly to Fr. Christy.

i) “Is there a neighbouring parish with which you would say that your parish has natural connection or relationship? What possibilities do you see for closer pastoral co-operation between your parish and that neighbouring parish? Do you envisage a situation in which your parish might be amalgamated or otherwise joined with that parish? What would be the benefits and /or challenges of this?”

ii) “In the context of an aging clergy and fewer seminarians, what strategy would you propose and actively support to ensure that your parish continues to have diversity of ministry, including the ministry of priest, in the future?”

Please send replies by 01st April 2025

‘Sing for Joy!’ - A Day of Music and Ministry for Young People - Are you involved, or keen to become involved in church music in your parish, school, university etc? You are invited to attend ‘Sing for Joy!’ - A Day of Music and Ministry on Saturday 26th April at Lough Derg, Pettigo, Co. Donegal. Boat departs at 9:30am. This day is open to young people aged 18-35 and is free to attend (supported by the Knights of St Columbanus). Registration is essential via <https://bit.ly/SingforJoy>. For further information please contact info@knightsfstcolumbanusomagh.co.uk / +447759496677.

Elphin & Achonry Diocesan Jubilee Pilgrimage to Rome - ‘Pilgrims of Hope’ is the theme of Jubilee 2025. To mark this special year of faith, the Diocese of Elphin and the Diocese of Achonry will journey on pilgrimage to Rome from 22nd to 27th October, 2025. This 5 night pilgrimage promises to be a special time in Rome, visiting Vatican City and Rome’s most important basilicas and religious sites. Price per person: €1499 on half board basis at centrally located hotel (€300 single room supplement). For bookings and enquiries: email info@joewalshstours.ie or phone Joe Walsh Tours: 01 241 0800.

Restore, Renew, Rekindle – Marriage Enrichment Weekend - Catholic Marriage Encounter in Ireland welcome you to their next Marriage Enrichment Weekend from Friday 28th - 30th March at Knock, Co. Mayo. The Catholic Marriage Enrichment Programme offers a weekend experience that helps couples enhance their communication and deepen their love for each other and provides a broader and deeper understanding of the sacrament of marriage. For further details, see www.marriageencounter.ie

Young Adult Pilgrimage to Italy - Young Adult Pilgrimage to Italy **29 July - 8 August 2025** with Bishop Kevin Doran. The pilgrimage is open to **18 - 35 year olds**. The cost is €995 per person sharing and this includes flights, coach transfers, accommodation, Youth Jubilee with Pope Francis in Rome, 3 days on the St Columbanus Camino in northern Italy and day trip to Milan. All the details and how to book are available

Elphin Diocese Scripture Initiative- Details of Elphin Diocese’s Lenten Scripture Initiative are now available at: www.elphindiocese.ie/luke.
Newcomers welcome at all centres

Year of Hope – Jubilee 2025 | Sligo Confessions | Sunday 23rd March | 3pm – 5pm
St Joseph’s | Rosses Point | St Anne’s | Riverstown | Nazareth Chapel | Rathcormack
Sligo Priests Exchange Parish for Sacrament | Everyone Welcome!

Parish of Ahamlish and Inishmurray

Grange ✠ Cliffoney ✠ Mullaghmore

Fr. Christy McHugh

Tel: 071 9163100

Web: www.ahamlish.com

Email: ahamlishparish@gmail.com

Facebook: Ahamlish Parish Sligo

Sunday 09th March 2025

First Sunday of Lent



Online Mass

Every Mass from Grange Church available on our Facebook Page

Adoration

Every Thursday, 7-9pm, Grange Church

Every Wednesday, 7-9pm Cliffoney Church

Mullaghmore Masses

Saturday 08th March	6:30pm	Patrick Barry , Mullaghmore (39 th Anniv)
Saturday 15th March	6:30pm	
Sunday 16th March	6:30pm	Vigil Mass of St Patrick's Day

Cliffoney Masses

Sunday 09th March	10:30am	First Sunday of Lent Maeve Conway (4 th Anniv) Karen Fowley (28 th Anniv) Stanley Naylor (6 th Anniv)
Monday 10th March	11:00am	Funeral Mass: Annie Mary Rooney
Thursday 13th March	10:00am	
Sunday 16th March	10:30am	Second Sunday of Lent Michael & Mary Loughlin & son James Tommy McManus
Monday 17th March	10:30am	St Patrick's Day Mass

Collection €590 / Diocesan Needs €152

Grange Masses

Saturday 08th March	8:00pm	Michael James Burns (3 rd Anniv)
Sunday 09th March	12noon	
Tuesday 11th March	9:30am	Feast of Aengus of Laois
Friday 14th March	7:30pm	Joan Curran 100 th Birthday Remembrance & James Curran (40 th Anniv)
Saturday 15th March	8:00pm	Eileen Haran , Rinroe (5 th Anniv)
Sunday 16th March	12noon	Second Sunday of Lent Aidan McGowan (9 th Anniv)
Sunday 16th March	2:00pm	Baptism
Sunday 16th March	8:00pm	Vigil of St Patrick's Day Mass
Monday 17th March	12noon	St Patrick's Day Mass Hugh O'Reilly

Collection €1286 / Diocesan Needs €44

St Patrick's Day Mass Cards available at Grange PO, Cliffoney shop & SuperValu

Maria Vadai: Powerful Speaker and Intercessor for healing with the Holy Spirit

Venue: Clayton Hotel Clarion Rd Sligo

Date: Saturday 22nd March 2025

Time: 9:30am – 6:00pm

Day to include: Praise & Worship, Talks, Music & Song, Confessions, Holy Mass

Vigil Mass for Sunday 5:00pm

Theme: Dunamis Power/ Acts 1:8

Enquiries: 085-7765294 | 087-6998397

Every Friday During Lent there will be The Stations of the Cross prayers in Cliffoney Church starting at 3pm. A short prayer and reflection guide will be provided and all will be welcome.

Catholic Semester Abroad
Experience in Rome (18-30 yrs) for details reception@irishcollege.org / www.irishcollege.org

Please remember in your prayers: Noel Gallagher, Donegal, suddenly at home. Our sympathy to his brothers & sister especially his sister Kathleen Kelly, Ballintrillick.

John (Jay) Gormley, the Cottages, Mullaghmore & Omagh, died March 1st. Our sympathy to his daughters, Fiona, Noreen, Linda & Maeve Conway (Rory) Ballincashel, Cliffoney.

Joseph McClosky, Belfast, died March 1st (46)

Kevin McCann, Carns, Grange, died March 1st at SUH. Our sympathy to his wife Maureen, son Conor, daughter Ciara, daughter-in-law Emma, son-in-law Feargal, grandchildren, Fionn, Sadhbh, Mollie, Oscar & Daire, sisters Kathleen Gaynor & Eileen Coyne (Padraig), nephews, nieces, neighbours & friends. Funeral Mass took place in the Church of Mary Immaculate, Grange on March 3rd followed by Cremation.

Annie Mary Rooney (nee Gallagher) Creevykeel; died March 7th at her residence surrounded by her six children. Predeceased by her parents May & Patrick Gallagher & her husband Liam (20th Aug 2024). Our sympathy to her sons David & Patrick, daughters Deirdre, Jean, Maria & Angela, grandchildren Harry, MJ, James, Lucas, Jack, Hannah, Kalem, Ollie & Sadie & extended family, neighbours & friends. Reposing at McGloin's Funeral Home on Sunday March 9th from 5-7pm. Funeral mass will be held on Monday at St Molaise Church Cliffoney with burial in Ahamlish Cemetery.

Eugene Feeney, Streedagh, funeral arrangements to follow.

Eamon McGivern, RIP, brother of Mary Gilsean, died March 7th

Ash Wednesday - Taking the ashes is a public sign that one is going to do something for Lent. We can give up something or take on. Giving up something we like is self-denial. It is the best way for training our willpower. Sports people know that skills are perfected by constant repetition. Virtues are perfected by habitual practice. Our willpower is perfected by the constant habit of self-denial. - Lent is a great incentive to take on some special action for a few weeks. Maybe avail of a retreat; more prayer at home; go to Mass more often. Replace compulsive television or internet by some spiritual reading. People who are addicted to computers or smartphones might consider one day each week free from gadgets, apart from what is necessary for work. Almsgiving is also mentioned in the Gospel. Having a box at home for a Third World charity is a great reminder. One other idea from the gospel is, don't be going around with a gloomy look, a sourpuss. Our works of penance are of little use if they do not bring us closer to God. And closer to God ought to be a source of great joy. Pass the message up to your face. Lent is a season of grace.

Forms of Friday Penance: The following are suggested as ways of fulfilling Friday Penance:

- Abstaining from meat or some other food
- Abstaining from alcoholic drink or smoking
- Making a special effort at involvement in family prayer
- Making a special effort to participate in Mass on Fridays
- Visiting the Blessed Sacrament
- Making the stations of the cross
- Fasting from all food for a longer period than usual and perhaps giving what is saved to the needy
- Helping the poor, sick, old or lonely.

Knock Shrine, 40th all Ireland Rosary Rally – Sat June 7th 2025

9:30 -11:30am: Marian Conference | St John's Centre

Speakers: Archbishop Francis Duffy, Fr John Harris OP & Christine O'Hara

10am – 12pm: Rosary & Scapular Making Workshop | Marquee

11:30am: Meet 20 Apostolates from around Ireland | St John's Centre

12pm: Filming of Human Living Rosary | Grass area behind the Basilica

1pm: Keynote Speaker – Msgr Steve Rossetti | Basilica | Including Healing Prayers

2pm: Stations of the Cross – Fr Rory Brady | Outside

2:30pm: Rosary Procession | Outside - Led by Home of the Mother Sisters&Children's Rosary

3pm: Holy Mass – Main Celebrant & Homilist: Bishop Donal McKenna, singing by Dana

4:30pm – 6pm: Picnic | Grass area behind the Basilica (Opportunity to share & meet others)

6pm - 8pm: Youth Conference (18 - 35 years) | St John's Centre | Fr Luke DeMasi, Daniella Stephens, & Msgr S Rossetti

8pm- 11pm: Pentecost Vigil & Healing Service | Basilica | led by: Fr Joseph Mary Deane, Msgr S Rossetti - Confessions available throughout. All ages welcome.

Sunday 10am: Croagh Patrick | Climb for Ireland. Meet at foot of Croagh Patrick:

**Holy Mass
at summit
@ 12noon.**